SUGGESTED USE: Blend, shake, or briskly stir about 1 level scoop (9.5 grams) of Advanced Fiber into 8 fluid ounces of juice or other beverage as directed by your healthcare practitioner.

This product is vegetaria

CAUTION: If you have had gastric surgery and experience persistent nausea, vomitin diarrhea, or other symptoms, contact your healthcare practitioner.

Keep out of the reach of childre

TAMPER EVIDENT: Do not use if safety s is missing or broken.

STORAGE: Keep tightly closed in a cool, dry place.

Contents sold by weight, not volume. Some settling may occur during shipping and handling. Serving size is measured by weigh with a scoop included for your convenience. The amount of product contained in one scoop may be above or below 9.5 grams du to variations in handling and product densit



Advanced Fiber



Dietary Supplement
NET WT. 12.73 oz (361 g)

Supplement Facts

Serving Size About 1 Scoop (9.5 g) Servings Per Container 38 (by weight)

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	2%*
Total Carbohydrate	6 g	2%*
Dietary Fiber	6 g	24%
Soluble Fiber	1 g	**
Insoluble Fiber	5 g	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established

Ingredients: Rice bran, isomalto-oligosaccharide, oat fiber[†], apple fiber, cellulose, olive oil, and d-alpha tocopheryl acetate (antioxidant).

MANUFACTURED FOR: BARIATRIC ADVANTAGE A DIVISION OF METAGENICS, INC. ALISO VIEJO, CA 92656 800.898.6888 • BariatricAdvantage.com



'Out Fiber is processed in a facility that also processes gluten containing materials.