

IT'S REAL. IT'S REAL.
IT'S DAMN REAL.

BUILD.RECOVERY

25g PROTEIN | 130 CALORIES | 2g CARBS

SUGGESTED USE: ADD ONE SCOOP TO 8-10 OZ OF WATER, MILK, OR YOUR FAVORITE BEVERAGE AND MIX THOROUGHLY. YOU CAN ENJOY P1N WHEY COMPLEX PRIOR TO WORKOUTS, RIGHT AFTER WORKOUTS OR ANYTIME YOU DESIRE A HIGH-QUALITY PROTEIN DRINK.

WARNING: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION. THIS PRODUCT IS INTENDED TO BE CONSUMED BY HEALTHY ADULTS 18 YEARS OF AGE OR OLDER. KEEP OUT OF REACH OF CHILDREN STORAGE STORE IN A COOL AND DRY PLACE.



DISTRIBUTED BY:
project#1

MANUFACTURED FOR:
Project#1 Nutrition
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MADE IN USA



WWW.PROJECT1NUTRITION.COM



PROJECT1NUTRITION

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WHEY PROTEIN
high-quality protein complex

// cookies and cream
1 scoop = 1 serving (34.8g)

kurt angle/ 1996 olympic champion,
1995 world champion, 6x U.S. national
champion freestyle wrestler.

2x NCAA champion and voted as top 15
best college wrestlers of all time.

12x world world professional
heavyweight champion.

4x major champ in his rookie year as
a professional.

2017 wrestling hall of fame inductee

QTY: 26 SERVINGS
net weight 907 grams (2lbs)
DIETARY SUPPLEMENT

COOKIES
AND CREAM

Supplement Facts

Serving Size: 1 scoop (34.8g) Servings Per Container: 26

	Amount Per Serving	% Daily Value*
Calories	140	
Total Fat	2.5g	3%
Saturated Fat	1g	5%
Trans Fat	0g	**
Cholesterol	92mg	31%
Total Carbohydrate	4g	2%
Dietary Fiber	0g	0%
Total Sugars	3g	**
Includes 0g of Added Sugars		2%
Protein	25g	
Calcium	144mg	11%
Iron	0.43mg	2%
Phosphorus	118mg	9%
Magnesium	21mg	5%
Sodium	81mg	4%
Potassium	165mg	4%

Digestive Enzyme Blend: 50mg **
Amylases, Lactase, Proteases, Lipase, Cellulase
(DigeSEB™)

Probiotic Blend: 5 Billion CFU (10mg) **
Lactobacillus casei, Lactobacillus acidophilus, [Lactobacillus salivarius,
Lactobacillus paracasei, [Lactobacillus rhamnosus, Lactobacillus plantarum,
Bifidobacterium lactis, Bifidobacterium bifidum, Bifidobacterium longum,
Lactobacillus bulgaricus, Bifidobacterium breve

* Percent Daily Values are based on a 2,000 calorie diet. Daily Value not established.

Others Ingredients: Protein Blend: (Whey Protein Concentrate, Whey Protein Isolate, Milk Protein Isolate, Micellar Casein), Chocolate Crushed Cookie: (Enriched Flour (Wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Sugar, Palm and Palm Kernel Oil, Cocoa processed with alkali, Chocolate Liquor, Salt, Sodium Bicarbonate, Soy Lecithin, Natural Flavor), Natural & Artificial Flavors, Sunflower Lecithin, Gum Blend (Gum Acacia, Guar Gum, Xanthan Gum), Sucralose

Contains: Milk, Wheat, Soy

Allergen Warning: Manufactured in a facility which processes Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans and Sesame.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

California Prop 65 Warning: Consuming this product can expose you to chemicals including lead, which is known in the state of California to cause cancer and birth defects, or other reproductive harm. For more information, go to www.P65Warnings.ca.gov