

DIETARY SUPPLEMENT

15 Servings | Vanilla

Each Serving provides 16g of Protein.

Suggested Use: As a dietary supplement, take two (2) scoops with 12-16 fl oz of cold water.

In a clinical pilot study, kids who took TruHeight grew 32.63% MORE than those who didn't.*

Warning: Seek advice from a healthcare professional before taking if you have any pre-existing medical condition to ensure it is safe to take this product.

NO ADDED SUGAR^

^Not a low calorie food. See nutrition panel for information on sugar and calorie content.

NO ARTIFICIAL FLAVORS OR SWEETENERS

Storage Instructions: Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



**GMO
FREE**

**16g
Of Protein**

**15
Vitamins &
minerals**

**For Kids
5+**

**15
Servings**

TruHeight®

KIDS AND TEENS GROWTH PROTEIN SHAKE



SUPPORTS
HEIGHT
GROWTH*

Vanilla
NO ADDED SUGAR^
NO ARTIFICIAL FLAVORS OR SWEETENERS

Each serving provides 16g of protein
DIETARY SUPPLEMENT

Net Wt. 24.1 oz.
(1.5 lbs.) (682.5g)

S U P P L E M E N T F A C T S

Serving Size 2 Scoops (45.5g)

Servings Per Container 15

	Amount Per Serving	% Daily Value
Calories	170	
Total Fat	2.5 g	3%*
Saturated Fat	1.5 g	8%*
Cholesterol	50 mg	17%
Total Carbohydrate	22 g	8%*
Total Sugars	2 g	**
Protein	16 g	32%*
Vitamin A (as Retinyl Palmitate)	750 mcg	83%
Vitamin C (as Ascorbic Acid)	250 mg	278%
Vitamin D (as Cholecalciferol)	62 mcg	310%
Vitamin E (as d-Alpha Tocopherol Succinate)	33 mg	220%
Thiamin (as Thiamine Hydrochloride)	25 mg	2083%
Riboflavin	25 mg	1923%
Niacin (as Niacinamide)	25 mg	156%
Folate (as Folic acid)	1116 mcg DFE (670 mcg Folic Acid)	279%
Vitamin B12 (as Methylcobalamin)	1000 mcg	41667%
Calcium (as Calcium Carbonate)	440 mg	34%
Magnesium (as Magnesium Bisglycinate Chelate)	97 mg	23%
Zinc (as Zinc Citrate)	10 mg	91%
Copper (as Copper Citrate)	1 mg	111%
Sodium	105 mg	5%
Potassium (as Tripotassium Citrate)	128 mg	3%
Medium Chain Triglycerides	1250 mg	**
Taurine	250 mg	**
Inositol	125 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: Maltodextrin, Whey Protein Concentrate, Natural Flavor, Silicon Dioxide, Whey Protein Isolate, Steviol Glycosides, Sea Salt.
Contains Milk



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TruHeightVitamins.com