

Directions: Add one scoop to 8-16 ounces of chilled water or beverage of your choice and stir. Take once per day or as directed by your healthcare practitioner. After opening, keep refrigerated for maximum freshness. **Note:** This formula has a full complement of vitamins & minerals and tastes best when mixed in 5-6 ounces of chilled water.

Net Wt 17.3 oz (491.4 g)
DIETARY SUPPLEMENT

Refreshing Berry

POWER GREENS®
PREMIUM Antioxidant Power of 20+
Servings of Fruits & Vegetables

NuMEDICA®
ADVANCING NUTRITION

WITH
ADDED VITAMINS & MINERALS
AND DAIRY-FREE DDS®-1 PROBIOTICS††



QUATREFOLIC®
5-MTHF
ACTIVE FOLATE

Supplement Facts

Serving Size 1 Scoop (11.7 g)
Servings Per Container 42

Amount Per Serving	% Daily Value
Calories 38	
Total Fat <1 g	<1%†
Saturated Fat <1 g	<1%†
Total Carbohydrate 6.9 g	<3%†
Dietary Fiber 1 g	4%†
Total Sugars 2.8 g	**
Protein 1 g	2%†
Vitamin A (as beta carotene) (1,500 IU)	450 mcg RAE
Vitamin C (as ascorbic acid) 60 mg	50%
Vitamin D3 (as cholecalciferol) (plant-derived) (120 IU)	67%
Vitamin E (as d-alpha-tocopheryl acetate) (9 IU)	15%
Vitamin K1 (as phytonadione) 6 mg	40%
Vitamin B1 (as thiamin hydrochloride) 80 mcg	67%
Vitamin B2 (as riboflavin) 0.45 mg	38%
Vitamin B6 (as pyridoxal-5'-phosphate) 0.51 mg	39%
Niacin (as niacinamide) 6 mg	38%
Vitamin B12 (as methylcobalamin) 0.6 mg	35%
Folate (as 200 mcg 5(S)-5-methyltetrahydrofolic acid, glucosamine salt)† 340 mcg DFE	85%
Biotin 30 mcg	1,250%
Pantothenic Acid (as calcium d-pantothenate) 90 mcg	300%
Calcium (as tricalcium phosphate, <i>Algas calcareas</i>)† 3 mg	60%
Phosphorus (as dipotassium phosphate, magnesium phosphate, tricalcium phosphate) 350 mg	27%
Iodine (as potassium iodide) 300 mg	24%
Magnesium (as magnesium phosphate, <i>Algas calcareas</i>)† 45 mcg	30%
Zinc (as zinc oxide) 120 mg	29%
Selenium (as sodium selenite) 4.5 mg	41%
Manganese (as manganese sulfate) 21 mcg	38%
Chromium (as chromium picolinate) 0.6 mg	26%
Molybdenum (as sodium molybdate) 120 mcg	343%
Sodium 23 mcg	51%
Potassium (as dipotassium phosphate, potassium iodide) 13 mg	1%
	2%

Antioxidant & Superfruit Blend (High ORAC)

Banana (*Musa paradisiaca*) (fruit) (certified organic), Apple (*Malus pumila*) (fruit) extract (12:1), Goji Berry (*Lycium barbarum*) (fruit) (certified organic) powder, Pomegranate (*Punica granatum*) (fruit) powder, Mangosteen (*Garcinia mangostana*) (fruit) powder, Cabbage Palm (*Euterpe oleracea*) (fruit), Apple (*Malus pumila*) (fruit) powder, Spinach (*Spinacia oleracea*) (leaf) powder, Cauliflower (*Brassica oleracea*) (head) powder, Parsley (*Petroselinum crispum*) (leaf) powder, Kelp (*Laminaria setchellii*) (whole) extract (4:1).

Greens Blend

Chlorella (*Chlorella vulgaris*) (broken cell), *Algas calcareas* (certified organic)†, Spirulina (*Spirulina maxima*), Broccoli (*Brassica oleracea*) (seed) extract providing sulforaphane glucosinolate†††, Broccoli (*Brassica oleracea*) (leaf) powder, Carrot (*Daucus carota*) (root) powder, Parsley (*Petroselinum crispum*) (leaf) powder, Kelp (*Laminaria setchellii*) (whole) extract (4:1).

Plant Fiber & Essential Omega Blend

Black Chia (*Salvia columbariae*) (seed) (certified organic), Brown Flax (*Linum usitatissimum*) (seed) (certified organic, non-GMO), Apple (*Malus pumila*) (fruit) (fiber, pectin).

Adaptogenic Herbs & Detoxifiers

Astragalus (*Astragalus membranaceus*) (root) extract, Reishi (*Ganoderma japonicum*) powder (certified organic), Maitake mushroom (fruit body) extract, Shiitake (*Lentinus edodes*) mushroom (fruit body) extract, Cordyceps (*Cordyceps sinensis*) (mycelium) extract, Ginger (*Zingiber officinale*) (root) extract.

Prebiotic & Probiotic Blend

Inulin (from chicory root), *L. Acidophilus*†.

Digestive Enzyme Blend

Protease I, Protease II, Amylase, Lipase, Lactase.

Immuni-Tea Boosting Blend

White tea (decaffeinated; leaf) extract, Green tea (decaffeinated; leaf) extract (95% polyphenols, 50% EGCG), Green tea (whole; leaf) powder (certified organic).

Milk Thistle (*Silybum marianum*) (seed) extract (80% silymarin)

Japanese Knotweed (*Polygonum cuspidatum*) (root) extract (20% resveratrol)

Turmeric (*Curcuma longa*) (root) (95% curcuminoids)

Sulforaphane Glucosinolate†††

Licorice (*Glycyrrhiza echinata* L.) (root) extract (Deglycyrrhizinized) (<2% DGL)

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Natural fruit flavors, citric acid, guar gum.

Manufactured for: | 9503 E. 55th Place | Tulsa, OK 74145

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Caution: Keep out of reach of children. If pregnant, nursing or taking medication, consult your healthcare practitioner before use. Storage: Keep tightly closed in a cool, dry place. **Contents sold by weight, not volume.** Some settling may occur during shipping and handling. The amount of product contained in 1 scoop may be above or below 11.7 grams due to variations in handling and product density. This Formula Meets or Exceeds cGMP Quality Standards. Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

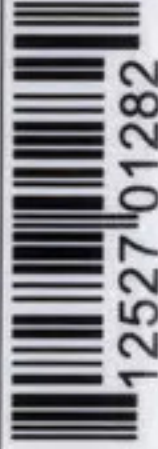
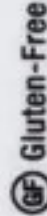
†AlgaeCal® is a trademark of AlgaeCal Distribution Inc. Patent pending. ††Super Strain DDS® is a trademark of UAS Laboratories.

††† Sulforaphane Glucosinolate is produced under U.S. patents: 5,725,895; 5,968,567; 6,177,122; 6,242,018; 7,303,770 and patents pending.

‡As Quatrefolic® 5-MTHF, Quatrefolic® is a registered trademark of Gnosis S.p.A. Patent number 7,947,662.



Made with Vitacashine



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This product is not labeled for sale in the State of California.