

Directions: Take one capsule once per day with a meal or as directed by your healthcare practitioner.

Methyl-Plex B™ is a comprehensive formula designed to support healthy homocysteine levels and optimal methylation.* B vitamins are provided in their active forms to support enhanced methylation and cardiovascular health.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Caution: Keep out of reach of children.
Storage: Keep tightly closed in a cool, dry place.
Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.
Sourced from non-GMO ingredients.

 **†Quatrefolic®** is a Registered Trademark of Gnosis S.p.A, U.S. Patent No. 7,947,662.



PROFESSIONAL QUALITY FORMULAS

Methyl-Plex B™

Supports Healthy Homocysteine Levels*

60 Vegetable Capsules

DIETARY SUPPLEMENT

 **Supports Optimal Methylation***

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving		% Daily Value
Riboflavin (Vitamin B2) (as riboflavin-5'-phosphate)	25 mg	1,923%
Vitamin B6 (as pyridoxal-5'-phosphate)	25 mg	1,471%
Folate	2,040 mcg DFE	510%
(as 600 mcg 6(S)-5-methyltetrahydrofolic acid, glucosamine salt†, and 600 mcg 6(S)-5-methyltetrahydrofolic acid, calcium salt)		
Vitamin B12 (as methylcobalamin)	1,000 mcg	41,667%
Trimethylglycine (as anhydrous betaine)	500 mg	**

**Daily Value not established.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, magnesium stearate, silicon dioxide.

Manufactured for: **NuMedica® LLC**
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