

Directions: Take two capsules once per day with a meal or as directed by your healthcare practitioner.

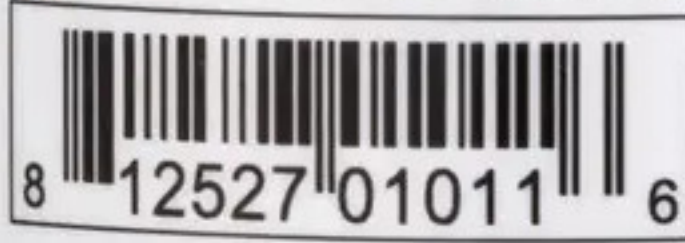
Methyl Folate™ Optimizer is a comprehensive formula designed to support optimal methylation and homocysteine levels.* Vitamin B-12 is also provided in its active form, methylcobalamin, to further support methylation and healthy homocysteine levels.* NuMedica® has included its Enhanced Absorption Technology™ – a proprietary blend of AstraGin® and BioPerine®.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Keep out of reach of children.
Storage: Keep tightly closed in a cool, dry place.
Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.
Sourced from non-GMO ingredients.

 **AstraGin®** is a registered trademark of NuLiv Science.
 **BioPerine®** is a registered trademark of Sabinsa Corporation.
 **Quatrefolic®** is a registered trademark of Gnosis S.p.A, U.S. Patent No. 7,947,662.

 Vegetarian
 Gluten-Free
 ACTIVATED B-VITAMINS



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THIRD-PARTY
CERTIFIED
FACILITY

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PROFESSIONAL QUALITY FORMULAS

Methyl Folate™ Optimizer

with AstraGin® and BioPerine®
for Optimal Absorption

60 Vegetable Capsules
DIETARY SUPPLEMENT



Supports Optimal Methylation*

Supplement Facts		
Serving Size 2 Capsules		
Servings Per Container 30		
Amount Per Serving	% Daily Value	
Niacin (as niacinamide)	150 mg NE	938%
Vitamin B6 (as pyridoxal-5'-phosphate)	25 mg	1,471%
Folate	10,200 mcg DFE	2,550%
(as 3,000 mcg folate from (6S)-5-methyltetrahydrofolic acid, glucosamine salt†, 5,100 mcg DFE and 3,000 mcg folate from (6S)-5-methyltetrahydrofolic acid, calcium salt, 5,100 mcg DFE)		
Vitamin B12 (as methylcobalamin)	1,000 mcg	41,667%
Proprietary Blend†	12.5 mg	**
Panax notoginseng (root) extract		
Astragalus (Astragalus membranaceus) (root) extract		
Black Pepper (Piper nigrum) (fruit) extract††	2 mg	**
**Daily Value not established.		

Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable capsule), bamboo silica.

Manufactured for: **NuMedica® LLC** | 9503 E. 55th Place | Tulsa, OK 74145
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