

**Directions:** Take two capsules once per day or as directed by your healthcare practitioner.

**Methyl Folate™ HP** contains Quatrefolic® – the most biologically active form of folate – allowing rapid uptake into the bloodstream.\* This superior, methylated form of folate is metabolically active and ready for the body to use since it requires no additional conversion to be absorbed.\* Folate is also necessary for the conversion of homocysteine to methionine.\* The 5-MTHF in this formula is also known as the “L” form of 5-MTHF since it is the reduced form of folate.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**Caution:** Keep out of reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

**Does Not Contain:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.



PROFESSIONAL QUALITY FORMULAS

**Methyl Folate™ HP**  
High Potency 5-MTHF

60 Vegetable Capsules  
DIETARY SUPPLEMENT



# Supplement Facts

Serving Size 2 Capsules

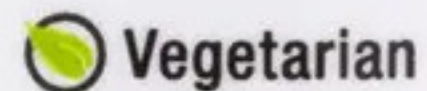
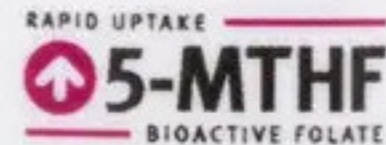
Servings Per Container 30

Amount Per Serving		% Daily Value
Folate	17,680 mcg DFE	4,420%
(as 10,400 mcg 6(S)-5-methyltetrahydrofolic acid, glucosamine salt)†		

**Other Ingredients:** Microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable capsule), stearic acid, magnesium stearate, silicon dioxide.

Manufactured for: | 9503 E. 55th Place | Tulsa, OK 74145  
**NuMedica® LLC** | 800.869.8100 | [www.numedica.com](http://www.numedica.com)

†As Quatrefolic® 5-MTHF. Quatrefolic® is a registered trademark of Gnosis S.p.A. Patent number 7,947,662.



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