



PROFESSIONAL QUALITY FORMULAS

Methyl Folate™ 5-MTHF

60 Vegetable Capsules
DIETARY SUPPLEMENT




Supplement Facts

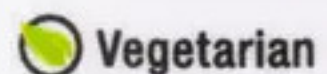
Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving		% Daily Value
Folate	1,360 mcg DFE	340%
(as 800 mcg folate from 1,482 mcg (6S)-5-methyltetrahydrofolic acid, glucosamine salt)†		

Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable capsule), stearic acid, magnesium stearate, silicon dioxide.

Manufactured for: **NuMedica® LLC**
9503 E. 55th Place | Tulsa, OK 74145
800.869.8100 | www.numedica.com

 †As Quatrefolic® 5-MTHF. Quatrefolic® is a registered trademark of Gnosis S.p.A. Patent number 7,947,662.



v33.0A-10000NM059

Directions: Take one capsule once per day or as directed by your healthcare practitioner.

Methyl Folate™ contains Quatrefolic® – the most biologically active form of folate – allowing rapid uptake into the bloodstream.* This superior, methylated form of folate is metabolically active and ready for the body to use since it requires no additional conversion to be absorbed.* Folate is also necessary for the conversion of homocysteine to methionine.* The 5-MTHF in this formula is also known as the “L” form of 5-MTHF since it is the reduced form of folate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

This Formula Meets or Exceeds cGMP Quality Standards.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

