

Directions: Chew one lozenge once per day just prior to bedtime or as directed by your healthcare practitioner.

Melatonin is a hormone produced by the pineal gland of mammals and reaches peak levels at night. Studies show that it may be associated with the regulation of the sleep/wake cycles.* Melatonin is a potent antioxidant that defends against free radicals and helps to support glutathione activity in the neural tissue.* This melatonin is provided in convenient, peppermint-flavored lozenges. When dissolved in the mouth, melatonin may go directly to the brain and bypass the liver causing it to work quickly and effectively.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

This Formula Meets or Exceeds cGMP Quality Standards.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.



PROFESSIONAL QUALITY FORMULAS

Melatonin

Peppermint Flavor

60 Lozenges

DIETARY SUPPLEMENT



Supports the Sleep Cycle*

Supplement Facts

Serving Size 1 Lozenge

Servings Per Container 60

Amount Per Serving		% Daily Value
Vitamin B6 (as pyridoxine hydrochloride)	3 mg	176%
Melatonin	3 mg	**

**Daily Value not established.

Other Ingredients: Fructose, cellulose, stearic acid (vegetable source), mannitol, natural peppermint flavor, sorbitol, magnesium stearate (vegetable source).

Manufactured for: **NuMedica® LLC**

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GF Gluten-Free Vegetarian v30.0D-10000NM119