



PROFESSIONAL QUALITY FORMULAS

Magnesium Citrate™

Extra Strength (200 mg)

120 Vegetable Capsules
DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule
Servings Per Container 120

Amount Per Serving		% Daily Value
Magnesium (as magnesium citrate and magnesium oxide)	200 mg	48%

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, L-leucine.

Manufactured for: **NuMedica® LLC**
9503 E. 55th Place | Tulsa, OK 74145
800.869.8100 | www.numedica.com

Gluten-Free

Vegetarian

v30.0A-10000NM128

Directions: Take one capsule 2–3 times per day with meals or as directed by your healthcare practitioner.

Magnesium Citrate plays key roles in the activation of amino acids for protein biosynthesis and is highly concentrated in intracellular fluid and bone.* It is essential for energy production and metabolism.* Magnesium Citrate supports normal muscle contraction and relaxation responses during rest or vigorous activity.* It may also help in the prevention of nocturnal leg muscle cramps and support healthy bone structure.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

This Formula Meets or Exceeds cGMP Quality Standards.

Sourced from non-GMO ingredients.

