

Directions: Take one capsule 1-2 times per day or as directed by your healthcare practitioner.

L-Theanine is a naturally occurring, unique amino acid found in green tea leaves. NuMedica's L-Theanine is Suntheanine® – the most respected source and the one which has been used in scientific studies. L-Theanine may promote a sense of relaxation without causing drowsiness.* It has also been found to promote healthy cellular function and reduce feelings of stress and anxiety.* L-Theanine may be useful in reducing the negative side effects of caffeine.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.



PROFESSIONAL QUALITY FORMULAS

L-Theanine

Relaxation and Stress Support*

120 Vegetable Capsules

DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule

Servings Per Container 120

Amount Per Serving	% Daily Value
L-Theanine†	200 mg **

**Daily Value not established.

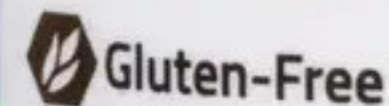
Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, ascorbyl palmitate, L-leucine, bamboo extract.

Manufactured for: **NuMedica® LLC**

9503 E. 55th Place | Tulsa, OK 74145

800.869.8100 | www.numedica.com

†**Suntheanine®** – a registered trade name for pure L-Theanine from Taiyo Kagaku Co. Ltd., Yokkaichi, Japan.



Gluten-Free



Vegetarian

v31.0B-10000NM235