

**Directions:** Take one capsule once per day or as directed by your healthcare practitioner.

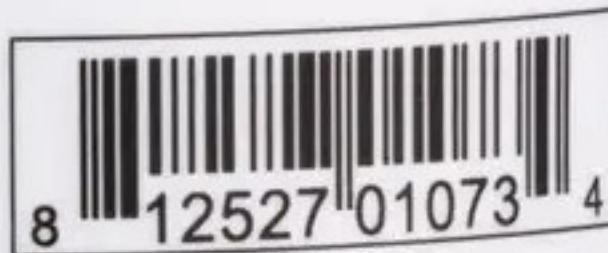
**Liver Defend™** contains four key ingredients to support healthy liver function.\* N-Acetyl L-Cysteine (NAC) is a unique form of the amino acid l-cysteine which has been found to support healthy tissue levels of glutathione (GSH).\* Alpha-Lipoic Acid is a powerful antioxidant and free-radical scavenger which plays an important role in supporting cell health.\* Silymarin is a beneficial standardized extract from milk thistle that helps support healthy liver function.\* Selenium is a trace mineral known to support the antioxidant enzyme glutathione peroxidase.\*

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**Caution:** Keep out of reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

**Does Not Contain:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

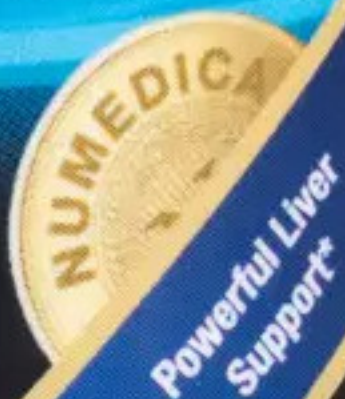


PROFESSIONAL QUALITY FORMULAS

**Liver Defend™**

Targeted Support for  
Healthy Liver Function\*

60 Vegetable Capsules  
DIETARY SUPPLEMENT



## Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Serving	% Daily Value	
Selenium (as selenium glycinate)	200 mcg	364%
Milk Thistle ( <i>Silybum marianum</i> ) (seed) extract (80% silymarin)	262.5 mg	**
N-Acetyl L-Cysteine (NAC)	250 mg	**
Alpha-Lipoic Acid	200 mg	**

\*\*Daily Value not established.

**Other Ingredients:** Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, bamboo silica.

Manufactured for: **NuMedica® LLC**

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800.869.8100 | [www.numedica.com](http://www.numedica.com)

Sourced from non-GMO ingredients.



Gluten-Free



Vegetarian



Vegan

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