

Directions: Take two capsules once per day or as directed by your healthcare practitioner.

DIM Estro™ supports healthy estrogen metabolism for men and women.* DIM is an advanced metabolite of Indole-3-Carbinol, the indole found in cruciferous vegetables. Indoles support healthy estrogen metabolism and an optimal ratio of estrogen metabolites, including 2-hydroxyestrogen and 16-hydroxyestrogen. The BioPerine® and curcumin combination has been added to enhance the bioavailability, extent of absorption and serum concentration of the bioactive curcuminoids.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: If you are pregnant or nursing, consult your healthcare practitioner before use. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

This Formula Meets or Exceeds cGMP Quality Standards.

 **†Curcumin C3 Complex®** is a registered trademark of Sabinsa Corp.

‡BioPerine® is a registered trademark of Sabinsa Corp.



PROFESSIONAL QUALITY FORMULAS

DIM Estro™

**Support for Healthy Estrogen
Metabolism in Men and Women***

**120 Vegetable Capsules
DIETARY SUPPLEMENT**



Supplement Facts

Serving Size 2 Capsules

Servings Per Container 60

Amount Per Serving		% Daily Value
Curcumin (from turmeric)	600 mg	**
(<i>Curcuma longa</i>) (root) extract		
(95% pure curcuminoids)†		
Diindolylmethane (DIM)	150 mg	**
Black pepper (<i>Piper nigrum</i>) (fruit)	2 mg	**
extract (50:1) (95% piperine)‡		

**Daily Value not established.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, silicon dioxide, magnesium stearate.

Manufactured for: **NuMedica® LLC**

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 **Gluten-Free**

 **Vegetarian**

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