



TRUEHOPE EMPowerPLUS is a unique combination of vitamins, minerals and plant nutrients designed to provide nutritional support for the central nervous system.*

Suggested Use: For general health, take 4 capsules twice per day with food. Store in a cool, dry place.

Note: Fortifying the body with the essential elements of life in this product may alter the body's response to psychotropic drugs, including side effects. Consult with a physician familiar with EMPowerplus or a Truehope Support specialist (1-888-878-3467) prior to use. Pregnant or lactating women and people with serious medical conditions should consult with a physician.

Phenylketonurics: Contains phenylalanine.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for:

Truehope Nutritional Support Ltd.
Box 888, Raymond, AB, T0K 2S0

For Information and Orders:

1-888-TRUEHOPE (1-888-878-3467)
www.truehope.com
Made in U.S.A.

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 57

Amount Per Serving		% DV
Vitamin A (as retinyl palmitate)	1536 IU	30%
Vitamin C (as ascorbic acid)	160 mg	270%
Vitamin D (as cholecalciferol)	384 IU	100%
Vitamin E (as d-alpha tocopheryl succinate)	96 IU	320%
Thiamine (as thiamine mononitrate)	4.8 mg	320%
Riboflavin	3.6 mg	210%
Niacin (as niacinamide)	24 mg	120%
Vitamin B ₆ (as pyridoxine hydrochloride)	9.6 mg	480%
Folic Acid	384 mcg	100%
Vitamin B ₁₂ (as cyanocobalamin)	240 mcg	4000%
Biotin	288 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	5.8 mg	60%
Calcium (as chelate)	352 mg	35%
Iron (as chelate)	3.7 mg	20%
Phosphorus (as chelate)	224 mg	20%
Iodine (from Pacific kelp)	54.4 mcg	40%
Magnesium (as chelate)	160 mg	40%
Zinc (as chelate)	12.8 mg	90%
Selenium (as chelate)	54.4 mcg	80%
Copper (as chelate)	1.9 mg	100%
Manganese (as chelate)	2.6 mg	130%
Chromium (as chelate)	166.4 mcg	140%
Molybdenum (as chelate)	38.4 mcg	50%
Potassium (as chelate)	64 mg	2%

Proprietary Blend

886.8 mg **

Choline bitartrate, DL-phenylalanine, citrus bioflavonoids, inositol, L-glutamine, L-methionine, grape seed extract, ginkgo biloba (leaf), germanium sesquioxide, boron (as chelate), vanadium (as chelate), nickel (as chelate).

**Daily Value (%DV) not established.

Other Ingredients: Gelatin, silicon dioxide, cellulose, magnesium stearate.