

FF664

Directions: Take 1 softgel daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light and moisture.
Store at 15-30°C (59-86°F).

MADE IN THE U.S.A.

GLUTEN FREE

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



FLAX SEED OIL

1000 MG

PROMOTES HEART & CARDIOVASCULAR HEALTH†

Supplement Facts

Serving Size: 1 Softgel

	Amount Per Serving	% DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Polyunsaturated Fat	0.5 g	†
Flax seed oil	1000 mg	†

which typically contain:

Alpha-linolenic acid (Ω III) (500 mg)
Linolenic acid (Ω VI) (200 mg)
Oleic acid (Ω IX) (200 mg)
Palmitic acid (60 mg)
Stearic acid (40 mg)

*Percent values are based on a 2,000 calorie diet.

†Daily value (DV) not established.

Other ingredients: Gelatin, glycerin, and St. John's bread extract.

Distributed by: Foods Plus™

6 Henderson Drive, West Caldwell, New Jersey 07006

NO SUGAR, STARCH, YEAST, CORN, WHEAT, MILK, SOY,
ARTIFICIAL FLAVORS OR PRESERVATIVES

DIETARY SUPPLEMENT 60 SOFTGELS