

**Directions:** Take four capsules before breakfast and four capsules before lunch or as directed by your healthcare practitioner. Do not take after 3 pm.

**Appe-Curb®** contains neurotransmitter precursors and conversion nutrients that help satisfy the "reward cascade" of the brain.\* Satisfying the "reward cascade" of the brain may help with cravings for things that may be appealing such as drugs, alcohol and carbohydrates while improving mood and increasing energy.\* By helping to restore major brain neurotransmitters, Appe-Curb® may support balance in the brain and a feeling of well-being.\*

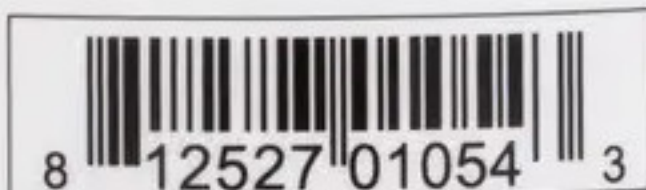
\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** Keep out of reach of children.

**Storage:** Keep tightly closed in a cool, dry place. Keep away from direct sunlight.

**This Formula Meets or Exceeds cGMP Quality Standards.**

**Does Not Contain:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.



PROFESSIONAL QUALITY FORMULAS

**Appe-Curb®**

**Nutritional Support for Drug,  
Alcohol & Carbohydrate Cravings\***

**240 Vegetable Capsules**

**DIETARY SUPPLEMENT**



## Supplement Facts

Serving Size 4 Capsules

Servings Per Container 60

Amount Per Serving		% Daily Value
Vitamin C (as ascorbic acid)	500 mg	556%
Vitamin B6 (as pyridoxine hydrochloride)	37.5 mg	2,206%
Chromium (as chromium picolinate)	60 mcg	171%
dl-Phenylalanine	1,000 mg	**
L-Tyrosine	750 mg	**
L-Glutamine	375 mg	**
5-Hydroxytryptophan (5-HTP) ( <i>Griffonia simplicifolia</i> ) (seed) extract	75 mg	**

\*\*Daily Value not established.

**Other Ingredients:** Hydroxypropyl methylcellulose (vegetable capsules), magnesium stearate, silicon dioxide.

Manufactured for: **NuMedica® LLC**

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800.869.8100 | [www.numedica.com](http://www.numedica.com)

**Gluten-Free**

**Vegetarian**

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