DIRECTIONS: Take two capsules daily, or as directed by your healthcare practitioner.

Children, pregnant or lactating women, and individuals using blood thinners should consult their healthcare practitioner prior to use. Do not use if tamper seal is damaged.

PMS Soothe™ is a comprehensive blend of Native American and Chinese herbs traditionally used to provide balance and support for a healthy

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

menstrual cycle.*

STORAGE: Keep tightly closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or preservatives.



Pharmaceutical Grade • Professional Use Only 60 Vegetable Capsules