

# WHY GLYCINATE?

Our magnesium glycinate (also known as bisglycinate) is fully chelated, making it easy for the body to digest and absorb. Gentle on the stomach, KAL High Absorption Magnesium Glycinate may help support:†...

Relaxation

Enzymatic Function

Bone Health

Muscular Health

## THE KAL DIFFERENCE ●●●

**BETTER QUALITY** Lab-tested for purity and potency

**BETTER FORM** Highly absorbable<sup>1</sup> magnesium glycinate

**BETTER FOR YOU** Suitable for vegan diets

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Mfd. by Nutraceutical Corp.  
**KAL**<sup>®</sup>  
Salt Lake City, UT 84101  
800-538-5888



### Relaxation, Bone & Muscle Support<sup>†</sup>

**270 Tablets**  
**DIETARY SUPPLEMENT**



Since 1932



# High Absorption<sup>†</sup> Magnesium Fully Chelated

**WARNING:** Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

**Directions:** Take 3 tablets with a meal or glass of water, up to 4 tablets daily for added support. Use only as directed. Store in a cool, dry place.

## Supplement Facts

Serving Size 3 Tablets  
Servings Per Container 90

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	<1 g	<1% <sup>†</sup>
Dietary Fiber	2 g	7% <sup>†</sup>
Magnesium (from Magnesium Glycinate)	315 mg	75%
Sodium	20 mg	1%

<sup>†</sup>Percent Daily Value based on a 2,000 calorie diet.

**Other Ingredients:** Cellulose, Croscarmellose Sodium, Stearic Acid, Acacia Gum, Magnesium Stearate, Silica.



<sup>†</sup>These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.