

# Estrovera®

Featuring ERr 731®

DIETARY  
SUPPLEMENT

8 7-TABLET BOTTLES  
56 TABLETS

## Supplement Facts

Serving Size 1 Tablet  
Servings per Container 56

### Amount Per Serving

Rhapontic Rhubarb..... 4 mg\*  
(*Rheum rhaponticum* L.) Root Extract (ERr 731®)  
(Providing 2.2 mg rhaponticin and 1 mg desoxy-rhaponticin)

\*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and enteric coating (ethyl cellulose, hydroxypropylmethylcellulose, medium-chain triglycerides, ammonium hydroxide, sodium alginate, hydroxypropylcellulose, oleic acid, and stearic acid).

DISTRIBUTED BY: METAGENICS  
GIG HARBOR, WA 98332 • 800.692.9400 • METAGENICS.COM

**NOTICE:** Do not use if you have or develop diarrhea, loose stools or abdominal pain because rhubarb may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea.

\*Also known as Siberian rhubarb root.

Estrovera's key ingredient, ERr 731®, has been used safely and effectively for over 20 years and is supported by clinical studies. Estrovera provides relief for multiple menopausal symptoms, including hot flashes, sleep disturbances, mood swings, irritability, anxiety, and sexual problems.\*

Visit [MetaDispensary.com](http://MetaDispensary.com) for additional information.

**Directions:** Take one tablet with food and a glass of water once daily at the same time of day or as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

**Caution:** Do not use if pregnant or nursing. If taking medication, consult your healthcare practitioner before use.

**Storage:** Keep tightly closed in a cool, dry place.

\*Percentages are estimated and not included in the studies.  
For more information please visit [MetaDispensary.com](http://MetaDispensary.com).

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# Estrovera®

Featuring ERr 731®

### Highly Efficacious

Formulated with ERr 731®, which has shown up to 83% reduction in menopausal symptoms\*†

### Exceptional Safety Profile

ERr 731® recommended by healthcare professionals in Europe since 1993

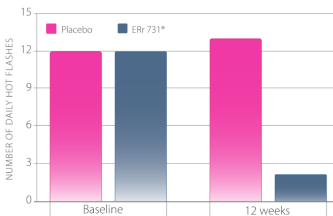
### Extensively Studied

Multiple well-designed, randomized, double-blind placebo-controlled studies\*

### Simple Dosing

Well-tolerated, once-daily tablet\*

\*This estimated ratio is not included in the publication of cumulative results of a 12-week study followed by 2-48-week observational studies (OS). It is calculated from the mean change of the MRS total score of 5.7 at the end of the first 48-week OS divided by the baseline score of 34. There was no change in total score from the end of the first OS to the end of the second OS. These results are from the ERr 731® subgroup only, which was administered ERr 731® daily for a total of 108 weeks. This calculation does not take into account some changes in study population over time.



## ~83% decrease in daily hot flashes\*†

ERr 731® delivers non-hormonal, hot flash relief, with up to an 83% decrease in daily hot flashes and other menopausal symptoms.\*†

- 12-week study of 112 perimenopausal women
- ERr 731® subjects reported a significant decrease in the median number of daily hot flashes compared to subjects taking placebo\*

\*Kaczkun-Bettag M, Ventskovsky BM, Solovoy S, et al. Confirmation of the efficacy of ERr 731® in perimenopausal women with menopausal symptoms. *Altern Ther Health Med* 2009; 15(1):24-34.