

## Experience a Clear Change

The **Clear Change Program**, recommended by your healthcare provider, includes key nutritional support you need to start helping you feel your best.\* Get started today!

### This box contains

- UltraClear® RENEW Powder
- AdvaClear® Capsules
- Free shaker cup
- Program guide with menu plan
- Webinar invitation

These products are non-GMO and gluten-free.



\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# Clear Change®

## 10-Day metabolic detoxification program



natural chai flavor  
with other natural flavors

PRACTITIONER EXCLUSIVE

Dietary Supplement  
ADVACLEAR 42 CAPSULES  
ULTRACLEAR RENEW  
1 lb 10.67 oz (26.67 oz) (756 g)

Gluten-Free

Non-GMO

## The Metagenics Difference

- Research-based formulas and scientifically designed food plans
- Formulas manufactured in high quality, triple GMP-certified facilities
- Online program support tools

For more information, visit

[ClearChangeProgram.com](http://ClearChangeProgram.com)

## UltraClear® RENEW Chai

### Supplement Facts

Serving Size 2 Scoops (36 g)  
Servings Per Container 21

|                                                                              | Amount<br>Per Serving | % Daily<br>Value |                                                                                                                                                         | Amount<br>Per Serving | % Daily<br>Value |
|------------------------------------------------------------------------------|-----------------------|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|------------------|
| Calories                                                                     | 90                    |                  | Sodium                                                                                                                                                  | 50 mg                 | 3%               |
| Total Fat                                                                    | 3 g                   | 4%*              | Potassium (as dipotassium phosphate,<br>potassium citrate, and potassium iodide)                                                                        | 600 mg                | 13%              |
| Saturated Fat                                                                | 1 g                   | 5%*              |                                                                                                                                                         |                       |                  |
| Polysaturated Fat                                                            | 1 g                   |                  | Glycine                                                                                                                                                 | 1.6 g                 | **               |
| Monounsaturated Fat                                                          | 1 g                   |                  | L-Alanine                                                                                                                                               | 350 mg                | **               |
| Total Carbohydrate                                                           | 12 g                  | 4%*              | Rice Protein Matrix and Polyphenols from<br>Hops (Humulus lupulus L.) Cone Extract<br>(standardized to 2.5% xanthohumol)                                | 250 mg                | **               |
| Dietary Fiber                                                                | 7 g                   | 25%*             |                                                                                                                                                         |                       |                  |
| Total Sugars                                                                 | 1 g                   |                  | Broccoli (Brassica oleracea L. var. italica)                                                                                                            | 153 mg                | **               |
| Protein                                                                      | 12 g                  | 19%*             | Sprout and Floret Powder® (myrosinase activity<br>30 mg glucose/g) (providing 0.75 mg sulforaphane<br>potential from 1.5 mg glucoraphanin)              |                       |                  |
| Vitamin A (80% as beta-carotene)<br>(as beta-carotene and retinyl palmitate) | 1,350 mcg             | 150%             | L-Lysine (as L-lysine HCl)                                                                                                                              | 150 mg                | **               |
| Vitamin C (as ascorbic acid)                                                 | 300 mg                | 333%             | L-Glutamine                                                                                                                                             | 150 mg                | **               |
| Vitamin D (as cholecalciferol)                                               | 0.8 mcg (32 IU)       | 4%               | DL-Methionine                                                                                                                                           | 140 mg                | **               |
| Vitamin E (as d-alpha-tocopheryl acetate)                                    | 20.1 mg               | 188%             | N-Acetyl-L-Cysteine                                                                                                                                     | 125 mg                | **               |
| Thiamin (as thiamin HCl)                                                     | 2 mg                  | 167%             | Prune (Prunus domestica) Skin Extract                                                                                                                   | 125 mg                | **               |
| Riboflavin                                                                   | 2 mg                  | 154%             | Taurine                                                                                                                                                 | 110 mg                | **               |
| Niacin (as niacinamide)                                                      | 9 mg                  | 58%              | L-Arginine                                                                                                                                              | 100 mg                | **               |
| Vitamin B6 (as pyridoxine HCl)                                               | 3.4 mg                | 208%             | Sinigrasin (as sinigrasin HCl)                                                                                                                          | 70 mg                 | **               |
| Folate (as calcium L-5-methyltetrahydrofolate)**                             | 138 mcg DFE           | 34%              | Watercress (Nasturtium officinale)                                                                                                                      | 67 mg                 | **               |
| Vitamin B12 (as methylcobalamin)                                             | 3.6 mcg               | 150%             | Aerial Parts 4:1 Extract                                                                                                                                |                       |                  |
| Biotin                                                                       | 135 mcg               | 450%             | Pomegranate (Punica granatum L.) Whole Fruit Extract<br>(standardized to 72 mg gallic acid equivalent (GAE))                                            | 137.5 mg              | **               |
| Pantothenic Acid (as D-calcium pantothenate)                                 | 38 mg                 | 720%             | Decaffeinated® Green Tea (Camellia sinensis)<br>Leaf Extract (standardized to 60% (15 mg)<br>catechins and 40% (10 mg) epigallocatechin gallate (EGCG)) | 25 mg                 | **               |
| Calcium (as calcium citrate)                                                 | 150 mg                | 15%              | Sulfate (as magnesium sulfate)                                                                                                                          | 20 mg                 | **               |
| Iron                                                                         | 2 mg                  | 11%              | Pulp Juice Concentrate (standardized<br>to 35 IU superoxide dismutase (SOD))**                                                                          | 2.6 mg                | **               |
| Phosphorus (as dipotassium phosphate)                                        | 280 mg                | 23%              |                                                                                                                                                         |                       |                  |
| Iodine (as potassium iodide)                                                 | 53 mcg                | 35%              |                                                                                                                                                         |                       |                  |
| Magnesium<br>(as magnesium citrate and magnesium sulfate)                    | 170 mg                | 40%              |                                                                                                                                                         |                       |                  |
| Zinc (as zinc gluconate)                                                     | 11 mg                 | 100%             |                                                                                                                                                         |                       |                  |
| Copper (as copper gluconate)                                                 | 1 mg                  | 111%             |                                                                                                                                                         |                       |                  |
| Manganese                                                                    | 0.5 mg                | 22%              |                                                                                                                                                         |                       |                  |
| Chromium (as chromium picolinate)                                            | 50 mcg                | 143%             |                                                                                                                                                         |                       |                  |
| Chloride                                                                     | 150 mg                | 7%               |                                                                                                                                                         |                       |                  |

Other Ingredients: Rice protein concentrate, pea protein isolate, bamboo fiber, olive oil, medium-chain triglycerides, natural flavors, silica, xanthan gum, Luo Han Guo fruit (monk  
fruit) extract, guar gum, rice maltodextrin, and hydrogenated palm oil.<sup>1,2,3</sup>

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GIG HARBOR, WA 98332  
METAGENICS.COM • 800 692 9400

<sup>1</sup> Vegetarian capsule.  
<sup>2</sup> Contains no more than 4% caffeine.  
<sup>3</sup> SOD (SOD) is a registered trademark of Bionor.  
<sup>4</sup> RPO (RPO) is a registered trademark of Bionor.  
<sup>5</sup> No MSG.



## AdvaClear®

### Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 21

|                                                                                                                                                         | Amount<br>Per Serving | % Daily<br>Value |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|------------------|
| Vitamin A<br>(from mixed carotenoids** and retinyl palmitate)                                                                                           | 750 mcg               | 83%              |
| Vitamin C (as ascorbic acid)                                                                                                                            | 133 mg                | 148%             |
| Vitamin D (as cholecalciferol)                                                                                                                          | 0.8 mcg (32 IU)       | 4%               |
| Vitamin E (as d-alpha-tocopheryl succinate)                                                                                                             | 44.6 mg               | 223%             |
| Thiamin (as thiamin mononitrate)                                                                                                                        | 10 mg                 | 833%             |
| Riboflavin                                                                                                                                              | 5 mg                  | 385%             |
| Niacin (as niacinamide and niacin)                                                                                                                      | 23.3 mg               | 140%             |
| Vitamin B6 (as pyridoxine HCl)                                                                                                                          | 16.66 mg              | 900%             |
| Folate (as calcium L-5-methyltetrahydrofolate)**                                                                                                        | 445 mcg DFE           | 111%             |
| Vitamin B12 (as methylcobalamin)                                                                                                                        | 33.4 mcg              | 1,382%           |
| Biotin                                                                                                                                                  | 66 mcg                | 220%             |
| Pantothenic Acid (as calcium D-pantothenate)                                                                                                            | 33.3 mg               | 666%             |
| Zinc (as zinc citrate)                                                                                                                                  | 6.5 mg                | 59%              |
| Selenium (as selenomethionine)                                                                                                                          | 50 mcg                | 91%              |
| Copper (as copper citrate)                                                                                                                              | 0.66 mg               | 75%              |
| Manganese (as manganese citrate)                                                                                                                        | 1.66 mg               | 72%              |
| Magnesium (as magnesium aspartate complex)                                                                                                              | 66 mcg                | 14%              |
| Sodium (as sodium sulfate)                                                                                                                              | 40 mg                 | 2%               |
| Artichoke (Cynara scolymus) Leaf Extract<br>(containing cynarin and chlorogenic acid)                                                                   | 167 mg                | *                |
| Watercress (Nasturtium officinale) Aerial Parts 4:1 Extract                                                                                             | 133 mg                | *                |
| Taurine                                                                                                                                                 | 117 mg                | *                |
| Sodium Sulfate                                                                                                                                          | 100 mg                | *                |
| Pomegranate (Punica granatum L.) Whole Fruit Extract<br>(standardized to 45.3 mg gallic acid equivalent (GAE))                                          | 67.5 mg               | *                |
| N-Acetyl-L-Cysteine                                                                                                                                     | 67 mg                 | *                |
| Decaffeinated® Green Tea (Camellia sinensis) Leaf Extract<br>(standardized to 60% (15 mg) catechins<br>and 40% (10 mg) epigallocatechin gallate (EGCG)) | 56 mg                 | *                |
| Silymarin<br>(from milk thistle (Silybum maritimum) seed extract)                                                                                       | 50 mg                 | *                |

\*Daily Value not established.  
Other Ingredients: Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose,  
magnesium stearate (vegetable), and silica.