

Black Cohosh Plus® is a non-phytoestrogen formula designed to relieve menopausal complaints with a mood component. This formula combines herbs traditionally used to address menopausal nervousness, irritability, occasional sleep disturbances, and vasomotor symptoms, as well as help ease tension and support relaxation.*

Directions: Take one tablet twice daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Caution: Consult your healthcare practitioner before use if you are taking medication, have breast cancer or a history of breast cancer, or have a liver disorder or develop symptoms of liver trouble.

Storage: Keep tightly closed in a cool, dry place.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

 **Metagenics®**

Black Cohosh Plus®

Relief for menopausal mood changes*

DIETARY
SUPPLEMENT

60 TABLETS

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving

Black Cohosh (<i>Actaea racemosa</i> *) Root	80 mg*
& Rhizome Extract [standardized to 2.5% (2 mg) total triterpene glycosides expressed as 27-deoxyactein]	
Motherwort (<i>Leonurus cardiaca</i>) Aerial	100 mg*
Parts 4:1 Extract	
Lemon Balm (<i>Melissa officinalis</i>) Leaf	50 mg*
5:1 Extract	

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, silica, stearic acid (vegetable), and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

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*Also known as *Cimicifuga racemosa*.

