

Essential Multi Pack

Not labeled for individual sale.

Distributed by: Bariatric Advantage
For product information call 800.898.6888

Contains: Fish (anchovy, sardine, and mackerel).

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Healthy Transformation® Essential Multi Pack provides focused multidimensional support to help maintain general wellness for patients under medically supervised weight management programs.*

Each once-daily pack includes:

- Multifaceted health support: Essential Multi tablet delivers at least 100% DV of 11 essential nutrients along with a proprietary blend of concentrated plant extracts and phytonutrients.*
- Immune and neurological health support: Vitamin D₃ tablet features 25 mcg (1,000 IU) of vitamin D₃ per tablet—the most bioactive form of supplemental vitamin D.*
- Heart health, mood, and overall health support: Omega-3 EPA-DHA 500 mg (2 per packet) is a quality-guaranteed omega-3 fatty acid formula manufactured and third-party tested to ensure greater purity.*

Each packet contains: 1 Essential Multi tablet (green), 2 Omega-3 EPA-DHA 500 mg softgels (golden yellow), and 1 Vitamin D₃ tablet (white).

Directions: Take one packet daily or as directed by your healthcare practitioner.

Warning: Excess vitamin A may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg of preformed vitamin A (retinyl acetate) per day.

Caution: Do not use if pregnant or nursing. Consult your healthcare practitioner if taking medications. Keep out of the reach of children.

Storage: Keep in a cool, dry place.

Products included are non-GMO and gluten-free.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

by **Bariatric Advantage**

Healthy Transformation.
Medical Weight Management Support Program

Essential Multi Pack

Dietary Supplement
30 PACKETS

Supplement Facts

Serving Size 1 Packet
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	20	
Total Fat	2 g	3%*
Cholesterol	less than 5 mg	<2%
Vitamin A (from mixed carotenoids and retinyl acetate)	1,500 mcg	167%
Vitamin C (as ascorbic acid and ascorbyl palmitate)	60 mg	67%
Vitamin D (as cholecalciferol)	37.5 mcg (1,500 IU)	188%
Vitamin E (as d-alpha tocopheryl succinate)	33.5 mg	223%
Vitamin K (as phytonadione USP)	60 mcg	50%
Thiamin (as thiamin mononitrate)	12.5 mg	1,042%
Riboflavin	7.5 mg	577%
Niacin (as niacinamide and niacin)	25 mg	156%
Vitamin B ₆ (as pyridoxine HCl)	12.5 mg	735%
Folate (as calcium L-5-methyltetrahydrofolate)	680 mcg DFE	170%
Vitamin B ₁₂ (as methylcobalamin)	100 mcg	4,167%
Biotin	250 mcg	833%
Pantothenic Acid (as calcium D-pantothenate)	37.5 mg	750%
Choline (as choline bitartrate)	12.5 mg	2%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium citrate)	20 mg	5%
Zinc (as zinc citrate)	7.5 mg	68%
Selenium (as selenium aspartate)	50 mcg	91%
Copper (as copper citrate)	0.5 mg	56%
Manganese (as manganese citrate)	0.25 mg	11%
Chromium (as chromium polynicotinate)	100 mcg	288%
Molybdenum (as molybdenum aspartate complex)	25 mcg	56%
Marine Lipid Concentrate	2 g	**
EPA (Eicosapentaenoic acid)	600 mg	**
DHA (Docosahexaenoic acid)	400 mg	**
Proprietary Phytonutrient Blend of:	200 mg	**
Citrus bioflavonoid complex (standardized to 45% hesperidin), green coffee bean extract (standardized to 45% chlorogenic acid), pomegranate whole fruit extract (standardized to 21.6 mg gallic acid equivalent (GAE)), grape seed extract (standardized to 85% oligomeric proanthocyanidins), blueberry (Vaccinium spp.) fruit extract (standardized to 20% total polyphenols and 15% anthocyanins), green tea leaf extract (standardized to 80% catechins and 40% EGCG), bitter melon fruit extract, prune skin extract (standardized to 50% polyphenols), watercress aerial parts 4:1 extract, Chinese cinnamon (Cinnamomum cassia) bark powder, Indian gum Arabic tree bark and heartwood extract (standardized to 6% catechins), rosemary extract (standardized to 7.6% min sum of carnosol+carosolic acid), artichoke leaf extract (containing cynarin and chlorogenic acid)		
Myo-Inositol	12.5 mg	**
Resveratrol (from Polygonum cuspidatum root extract)	5 mg	**
Lutein	3 mg	**
Lycopene	3 mg	**
Zeaxanthin	1 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Essential Multi:

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color)).

Omega-3 EPA-DHA 500 mg:

Ingredients: Marine lipid concentrate (fish (anchovy, sardine, and mackerel) oil, softgel shell (gelatin, glycerin, water), contains 2 percent or less of natural lemon flavor, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant). Contains: Fish (anchovy, sardine, and mackerel).

Vitamin D₃:

Other Ingredients: Microcrystalline cellulose, sodium starch glycolate, stearic acid (vegetable), and silica.

MANUFACTURED FOR: BARIATRIC ADVANTAGE

A DIVISION OF METAGENICS, INC.

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