

# Bariatric Advantage

## Chewable Essential Multi without Iron



### Berry

flavored with other natural flavors

### Dietary Supplement

1 TABLET

SAMPLE - NOT FOR INDIVIDUAL SALE

## Supplement Facts

Serving Size 1 Chewable Tablet  
Servings Per Container 1

| Amount Per Tablet                                 | % Daily Value  |
|---------------------------------------------------|----------------|
| Calories                                          | 5              |
| Total Carbohydrate                                | 1 g <1%*       |
| Sugars                                            | < 1 g          |
| Vitamin A                                         | 5,000 IU 100%  |
| (75% as beta-carotene and 25% as retinyl acetate) |                |
| Vitamin C (as sodium ascorbate and ascorbic acid) | 60 mg 100%     |
| Vitamin D (as cholecalciferol)                    | 1,500 IU 375%  |
| Vitamin E (as d-alpha tocopheryl succinate)       | 15 IU 50%      |
| Thiamin (as thiamin mononitrate)                  | 5 mg 333%      |
| Riboflavin                                        | 1.7 mg 100%    |
| Niacin (as niacinamide)                           | 25 mg 125%     |
| Vitamin B <sub>6</sub> (as pyridoxine HCl)        | 2 mg 100%      |
| Folate (as folic acid)                            | 400 mcg 100%   |
| Vitamin B <sub>12</sub> (as methylcobalamin)      | 500 mcg 8,333% |
| Biotin                                            | 300 mcg 100%   |
| Pantothenic Acid (as d-calcium pantothenate)      | 10 mg 100%     |
| Magnesium (as magnesium citrate)                  | 25 mg 6%       |
| Zinc (as zinc citrate)                            | 7.5 mg 50%     |
| Selenium (as selenomethionine)                    | 50 mcg 71%     |
| Copper (as copper citrate)                        | 1 mg 50%       |
| Manganese (as manganese citrate)                  | 1 mg 50%       |
| Chromium (as chromium picolinate)                 | 60 mcg 50%     |
| Molybdenum (as molybdenum aspartate complex)      | 37.5 mcg 50%   |
| Citrus Bioflavonoid Complex                       | 6.25 mg **     |
| Inositol                                          | 2.5 mg **      |
| Choline (as choline bitartrate)                   | 1 mg **        |
| Vanadium (as vanadyl sulfate)                     | 12.5 mcg **    |

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

MANUFACTURED FOR: BARIATRIC  
ADVANTAGE A DIVISION OF  
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**SUGGESTED USE:** Sample serving size. For recommended dosage, please consult with your healthcare practitioner.

**WARNING:** Excess vitamin A intake, beta-carotene or carotenoid forms excepted, may increase the risk of birth defects and may contribute to osteoporosis. Women who are pregnant or who may become pregnant should not exceed 10,000 IU of vitamin A per day, beta-carotene or carotenoid forms excepted, unless instructed to do so by a healthcare practitioner.

**CAUTION:** If you have had gastric surgery and experience persistent nausea, vomiting, diarrhea, or other symptoms, contact your healthcare practitioner.

Keep out of reach of children.

Do not use if package is open or torn.

**STORAGE:** Keep in a cool, dry place.

Other Ingredients: Xylitol, fructose, natural flavors, hydrogenated highly refined soybean oil, stearic acid (vegetable), citric acid, magnesium stearate (vegetable), and sucralose (a non-nutritive sweetener).

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