

DIRECTIONS: Chew one tablet daily with food or as directed by your healthcare practitioner. Chew or crush tablets completely before swallowing. Do not swallow tablets whole.

This product is gluten-free.

CAUTION: If pregnant or nursing, consult your healthcare practitioner before use. If you have had gastric surgery and experience persistent nausea, vomiting, diarrhea, or other symptoms, contact your healthcare practitioner. Keep out of the reach of children

TAMPER EVIDENT: Do not use if safety seal is missing or broken

STORAGE: Store in a cool, dry place.

**Bariatric
Advantage.**



Chewable Ultra Solo with Iron

Once per Day Multivitamin



Citrus

flavored with other natural flavors

Dietary Supplement

30 TABLETS

Supplement Facts

Serving Size 1 Chewable Tablet
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories.....	10	Vitamin B ₁₂ (as cyanocobalamin).....	500 mcg...20,833%
Total Carbohydrate.....	2 g..... 1%*	Biotin.....	600 mcg...2,000%
Total Sugars.....	<1 g..... **	Pantothenic Acid.....	20 mg.....400%
Includes 0 g Added Sugars		(as calcium D-pantothenate)	
Sugar Alcohol.....	<1 g..... **	Iron (as ferrous fumarate).....	45 mg.....250%
Vitamin A (75% from beta-carotene) ...	3,000 mcg333%	Iodine (as potassium iodide).....	150 mcg.....100%
(as beta-carotene and retinyl palmitate)		Magnesium (as magnesium citrate).....	10 mg.....2%
Vitamin C (as ascorbic acid).....	120 mg.....133%	Zinc (as zinc citrate).....	20 mg.....182%
Vitamin D.....	75 mcg (3,000 IU).....375%	Selenium (as selenomethionine).....	70 mcg.....127%
(as cholecalciferol)		Copper (as copper citrate).....	2 mg.....222%
Vitamin E.....	20.1 mg.....134%	Manganese (as manganese citrate).....	2 mg.....87%
(as d-alpha-tocopheryl acetate)		Chromium (as chromium picolinate)	120 mcg.....343%
Vitamin K (as phytonadione USP).....	120 mcg.....100%	Molybdenum.....	75 mcg.....167%
Thiamin (as thiamin mononitrate).....	25 mg.....2,083%	(as molybdenum aspartate blend)	
Riboflavin.....	3.4 mg.....262%		
Niacin (as niacinamide).....	40 mg.....250%		
Vitamin B ₆ (as pyridoxine HCl).....	4.6 mg.....270%		
Folate.....	1,360 mcg DFE.....340%		
(800 mcg folic acid)			

Other Ingredients: Sorbitol, fructose, dextrose with maltodextrin, fructooligosaccharides, microcrystalline cellulose, natural and artificial flavors, erythritol, stearic acid (vegetable), citric acid, silicon dioxide, magnesium stearate (vegetable), sucralose (a non-nutritive sweetener), neohesperidin dihydrochalcone (a non-nutritive sweetener).

MANUFACTURED FOR: BARIATRIC ADVANTAGE A DIVISION OF METAGENICS, INC.
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WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

LOT: 0000000
EXP: 00/00

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