

Finding calm in a world of constant stress can seem an impossible task at times. The unrelenting stress of a busy lifestyle can throw the body and mind out of balance in ways that negatively influence the way we feel inside. This reality has made stress-management one of the most important health topics of the modern-age and is proving to be an essential component to maintaining mental and emotional health.

Rhodiola to the Rescue! *Rhodiola rosea*, also known as "golden root," is an adaptogenic herb that is used traditionally to support balanced energy and mood.* This powerful herb helps to promote a healthy response to everyday stress so that you can feel more balanced, energized, and motivated throughout your busy day.*

The Supporting Cast of Ingredients

- L-Theanine helps to support a calm and focused state of mind*
- Lemon Balm, Saffron & Passionflower are traditionally used in mood-elevating, and stress-busting formulations.*
- Magnesium, Chromium, and "The Sunshine Vitamin" (D3) support the regular maintenance of mood and stress physiology.*

What makes us different:

Liquid Soft-Gels - The nutrients in these easy-to-swallow Liquid Soft-Gels are released fast. Other forms of delivery can contain binders and fillers that may cause stomach upset and offer no nutritional value. Advanced Liquid Soft-Gels provide an optimum delivery system.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Quality Assurance - Irwin Naturals* is committed to providing the highest quality products for your health. We employ compliance testing to ensure purity and potency.



Global Responsibility - Over the years we have donated to organizations that support the environment and the health of our children.



Patented BioPerine® - Our special BioPerine Complex enhances the bioavailability, absorption and potency of many nutrients.*

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

QUESTIONS: Contact Consumer Affairs
1-800-297-3273 • Weekdays 8:00 AM to 5:00 PM (PST)

Questions@IrwinNaturals.com

DISTRIBUTED, FORMULATED and QUALITY TESTED by:
Irwin Naturals 5310 Beethoven Street • Los Angeles, CA 90066
www.IrwinNaturals.com



Highly Specialized Products:
www.IrwinNaturals.com

10718-LAB-IN030532-V1-11/21



8

40081 40532

1



with 1,200 IU
Vitamin D3

Rhodiola-Plus

Mood • Balance • Stress



Help Maintain Balance
and Peace of Mind During
Times of Stress*

75 LIQUID SOFT-GELS

DIETARY SUPPLEMENT

Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) Take three (3) Liquid Soft-Gels daily with a meal and a full glass (8oz) of water.

Supplement Facts

Serving Size: 3 Liquid Soft-Gels

Servings per Container: 25

	Amount per Serving	%Daily Value
Calories	30	
Total Fat	2 g	2%**
Saturated Fat	0.5 g	3%**
Cholesterol	20 mg	6%
Total Carbohydrates	2 g	<1%**
Protein	1 g	
Vitamin D3 (as Cholecalciferol)	30 mcg (1200 IU)	150%
Iron	0.4 mg	2%
Magnesium (as Magnesium Citrate)	150 mg	36%
Chromium (as Chromium Picolinate)	200 mcg	571%
Fish Oil (18% EPA, 162 mg, 12% DHA, 108 mg)	900 mg	†
Rhodiola (<i>Rhodiola rosea</i>) extract (3% rosavins, 10.2 mg, 1% salidroside, 3.4 mg)(root)	340 mg	†
Lemon Balm extract (4:1)(leaf)	300 mg	†
Passionflower extract (4:1)(aerial)	200 mg	†
Damiana extract (4:1)(leaf)	200 mg	†
L-Theanine	80 mg	†
Saffron (<i>Crocus sativus</i>) extract (flower and stigma)	10 mg	†
BioPerine Complex	6 mg	†
BioPerine® Black Pepper extract (95% piperine) (fruit), Ginger extract (5% gingerols)(rhizome)		

**%Daily Value based on a 2,000 calorie diet

†Daily Value not established

Other Ingredients: Gelatin, purified water, glycerin, soy lecithin, beeswax, maltodextrin, riboflavin (color), dextrin, titanium dioxide (color) and silicon dioxide.

Contains: Fish (anchovy, sardine), Soy

BioPERINE® is a registered trademark of Sabinsa Corporation.

No preservatives added.