Directions: Individual tolerances may vary. Please refer to the chart below. Take 1 serving (3 capsules) with food and at least 8 oz. of water once daily before bed. If desired effects are achieved while assessing your tolerance with 2 capsules, maintain that dose. Do not exceed 3 capsules in a 24-hour period. For occasional use only. Do not use for more than 7 consecutive days. Consume 8 to 10 glasses of water daily. Read the entire label before use and follow directions provided.

WARNING: Not intended for use by persons under 18. Do not use if pregnant or nursing. Discontinue use and consult a medical doctor if you experience unusual symptoms. Consult a medical doctor before use if you have been treated for, diagnosed with or have a family history of any medical condition, or if you are using any prescription or over-the-counter forugis). Consult a medical doctor before starting any diet or exercise program. Do not exceed recommended serving, improper use of this product will not improve results and is not advised. Use only as directed. This product contains senna. Read and follow directions carefully. Do not use if you have or develop diarrhea, loss stools or abdominal pain, because senna may worsen these conditions and be harmful to your health. Consult a medical doctor if you have frequent diarrhea. Do not use for more than 7 consecutive days. KEEP OUT OF REACH OF CHILDREN.

Day 1 and 2	Take 1 capsule before bed.
Day 3 and 4	Take 2 capsules before bed.
Day 5 to Day 7	Take 3 capsules before bed.

**Do not use if packaging has been tampered with.** Store in a cool, dry place (60°F to 80°F).



The LactoSpore® logo is a registered trademark of Sabinsa Corporation.



## purely@inspired®

## 7-Day Cleanse

POWERED BY SENNA

also with AÇAI BERRIES & APPLE CIDER VINEGAR SCIENTIFICAL SCIENTIFICAL RESEARCH

ACTIVE PROBIOTICS

AND SUPERFOODS

Dietary Supplement

42 Easy-to-Swallow Veggie Capsules

## **Supplement Facts**

Serving Size: 3 Easy-to-Swallow Veggie Capsules

Amount Per Serving	% Daily Value	
Total Carbohydrates	1g	<1%
Vitamin C (as ascorbic acid)	7mg	89
Cleansing+ Blend	856mg	
Acacia gum stem and branch	556mg	and the same of
Senna extract (as Cassia angustifolia) (leaf)	250mg	
Standardized for sennosides		
Apple cider vinegar (as Malus pumila) (fruit)	50mg	
Superfruit+ Blend	220mg	
Acai extract (as Euterpe oleracea)	150mg	and the
Amla extract (as Emblica officinalis) (fruit)	50mg	
KINI (as Actinidia deliciosa) (fruit)	10mg	
Glutathione	10mg	
Digestive+ Blend	131mg	
Papain	50mg	
LachoSpore® Bacillus coagulans MTCC 5856	41mg	
rennel (as Foeniculum vulgare) (seed)	30mg	
Ginger (as Zingiber officinale) (root)	10mg	

Percent Daily Values are based on a 2,000 calorie diet Daily Value not established.

Other Ingredients: Capsule (Hypromellose, Water), Microcrystalline Cellulose, Silicon Dioxide, Magnesium Stearate.

\*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

\*Based on AC Nielsen xAOC sales data comparing dolls sales percent growth vs. previous 52 weeks ending October 5, 2019 (Top 10 brands including pilsinguid, excluding Private Label brands, Diet RTDs, bars and MRPs).

Made in the U.S.A. from international ingredients.
Distributed by lovate Health Sciences U.S.A. Inc.
1105 North Market Street, Suite 1330, Wilmington,
DE 19801. © 2020. For lot no. and expiry date: see bottle.



