

Dr. Sinatra's premium heart health and healthy aging formula, **Omega Q Plus® ULTRA**, supports optimal cardiovascular health, brain health, cellular energy, blood sugar, positive mood, and stress relief.¹

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

Crominex® 3+, Capros® and PrimaVie® are registered trademarks of Natreon, Inc.

CalaMarine® is a registered trademark of Pharma Marine AS.

HydroCurc® and LipiSpense® are registered trademarks of Pharmako Biotechnologies Pty. Ltd.

Hydro Q-Sorb® is a registered trademark of Tishcon Corp.

Sensoril® is a registered trademark of Natreon, Inc., and the product is protected under U.S. Patent No. 7,318,938 and CA Patent No. 2,508,478.

¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dr. Sinatra



Dietary Supplement
30-Day Supply • 60 Softgels

Doctor's Suggested Use: Take 2 softgels once daily with a meal.

Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 30

Amount Per Serving		% DV
Calories	20	
Total Fat	1.5 g	2%*
Cholesterol	<5 mg	2%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal-5-phosphate)	30 mg	1,765%
Folate	680 mcg DFE (400 mcg folic acid)	170%
Vitamin B12 (as cyanocobalamin)	500 mcg	20,833%
Chromium (as Crominex® 3+ chromium stabilized with Capros® standardized Amla Extract (fruit), PrimaVie® purified and standardized Shilajit)	400 mcg	1,143%
CalaMarine® Oil Concentrate (from squid)	1.3 g	1
DHA (docosahexaenoic acid)	350 mg	1
EPA (eicosapentaenoic acid)	200 mg	1
Ashwagandha Extract (root and leaf)(Sensoril®)	250 mg	1
HydroCurc® (90% Turmeric Extract (rhizome) with 10% LipiSpense® providing 100 mg curcuminoids)	125 mg	1
Coenzyme Q10 (as ubiquinone)(Hydro Q-Sorb®)	100 mg	1
Trans-Resveratrol	30 mg	1

*Percent Daily Values are based on a 2,000 calorie diet.

¹Daily Value (DV) not established.

Other ingredients: Gelatin, gamma-cyclodextrin, glycerin, yellow beeswax, dicalcium phosphate, medium chain triglycerides, purified water, sunflower lecithin, mixed tocopherols (preservative, from soy), sunflower oil, silica, lemon oil, microcrystalline cellulose, maltodextrin, annatto extract (color)

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com



Lot No.

Expiration Date:

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