

Dr. Sinatra's advanced, powerful heart health and healthy aging formula, **Omega Q Plus® MAX**, provides support for optimal heart and vascular health, blood flow, brain health, a healthy inflammatory response, cellular energy, and healthy aging.¹

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

Crominex® 3+, Capros® and PrimaVie® are registered trademarks of Natreon, Inc.

CalaMarine® is a registered trademark of Pharma Marine AS.

HydroCurc® and LipiSpense® are registered trademarks of Pharmako Biotechnologies Pty. Ltd.

Hydro Q-Sorb® is a registered trademark of Tishcon Corp.



¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dr. Sinatra



100 mg of CoQ10/
Serving

Resveratrol

Turmeric

Dietary Supplement
30-Day Supply • 60 Softgels

Doctor's Suggested Use: Take 2 softgels once daily with a meal.

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 30

Amount Per Serving		% DV
Calories	20	
Total Fat	1.5 g	2%*
Cholesterol	5 mg	2%
Total Carbohydrate	<1 g	<1%*
Protein	<1 g	
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal-5-phosphate)	30 mg	1,765%
Folate	680 mcg DFE (400 mcg folic acid)	170%
Vitamin B12 (as cyanocobalamin)	500 mcg	20,833%
Chromium (as Crominex® 3+ chromium stabilized with Capros® standardized Amla Extract (fruit), PrimaVie® purified and standardized Shilajit)	400 mcg	1,143%
CalaMarine® Oil Concentrate (from squid)	1.23 g	†
DHA (as docosahexaenoic acid ethyl ester)	350 mg	†
EPA (as eicosapentaenoic acid ethyl ester)	200 mg	†
L-Carnitine Fumarate	174 mg	†
HydroCurc® [90% Turmeric Extract (rhizome)(95% total curcuminoids) with 10% LipiSpense®]	125 mg	†
Coenzyme Q10 (as ubiquinone from CoQ10 gamma-cyclodextrin complex)(Hydro Q-Sorb®)	100 mg	†
Trans-Resveratrol	30 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Gelatin, glycerin, medium chain triglycerides, yellow beeswax, dicalcium phosphate, purified water, sunflower lecithin, sunflower oil, silica, lemon oil, mixed tocopherols (preservative, from soy), annatto extract (color)

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www.healthydirections.com



Lot No.

Expiration Date:

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