

For more information:
1-888-462-2548

Visit us at www.gnc.com

Distributed by:
General Nutrition
Corporation
Pittsburgh, PA 15222
Made in the USA

**KEEP OUT OF REACH OF
CHILDREN**

Store in a cool, dry place.

ACTUAL SIZE

0 48107 03426 9

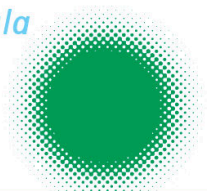
GNC

Multi Mega Minerals®

DIETARY SUPPLEMENT

*comprehensive
mineral formula*

100 TABLETS



CODE 139111

GGG

Directions: As a dietary supplement, take two tablets daily.

Supplement Facts

Serving Size Two Tablets
Servings Per Container 50

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin D 400 IU (as Cholecalciferol)	100%	Manganese 10 mg (as Hydrolyzed Protein Chelate)	500%
Calcium 1000 mg (as Calcium Carbonate)	100%	Chromium 100 mcg (as Hydrolyzed Protein Chelate)	83%
Iron 18 mg (as Hydrolyzed Protein Chelate)	100%	Chloride 90 mg (as Potassium Chloride)	3%
Iodine (as Kelp) 150 mcg	100%	Potassium 95 mg (as Potassium Chloride)	3%
Magnesium 500 mg (as Magnesium Oxide)	125%		
Zinc 22.5 mg (as Hydrolyzed Protein Chelate)	150%	Betaine Hydrochloride 100 mg	*
Copper 3 mg (as Hydrolyzed Protein Chelate)	150%		

* Daily Value not established.

Other Ingredients: Cellulose.

Potencies verified by GNC procedure #4000. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Sugar, No Artificial Colors, No Artificial Flavors, No Preservatives, No Wheat, No Gluten, No Dairy, Yeast Free.

All mineral amounts shown are elemental.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Lot No./Best By: