

SHAKE WELL BEFORE USE

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When we started ProSupps® we were a small group of dudes groomed by Iron, that were tired of sports nutrition products built by people behind desks and not behind squat racks. We believed we could do it better, by building best-in-class products that bodybuilders, performance athletes and fitness fanatics like us wanted. Today, ProSupps® is an army of competitors and believers, whose purpose is simple - to unlock the Alpha in each one of us.

TYPICAL AMINO ACID PROFILE PER 100 GRAMS OF PROTEIN

Histidine	2.0 to 2.8	2.3
Isoleucine	5.2 to 6.4	5.8
Leucine	9.0 to 11.0	9.8
Lysine	7.5 to 8.0	8.3
Methionine	1.7 to 2.3	2.0
Cysteine	1.5 to 1.7	1.4
Threonine	4.0 to 4.2	3.5
Tryptophan	1.2 to 1.6	1.4
Valine	5.5 to 6.9	6.2
Phenylalanine	4.2 to 5.2	4.8
Tyrosine	3.7 to 4.7	4.1
Alanine	4.6 to 5.1	4.6
Arginine	4.5 to 5.7	5.2
Aspartic Acid/ Asparagine	9.5 to 11.7	10.7
Glutamic Acid/ Glutamine	18.0 to 22.8	20.2
Glycine	2.6 to 3.2	2.9
Proline	5.8 to 7.3	6.5
Serine	5.3 to 6.5	5.9

POST-WORKOUT RECOVERY
SUPPORTS MUSCLE,
JOINTS, SKIN & HAIR†



23

AMINO

COLLAGEN PROTEIN

LIQUID SHOTS

23g
COLLAGEN
BLEND

 AMINO
ACIDS

 ZERO
SUGAR
& CARBS

 KETO
& PALEO
FRIENDLY

16
SERVINGS

 ZERO ARTIFICIAL
COLORS

 DIETARY SUPPLEMENT
32 fl oz (946mL)

BERRY

NATURAL & ARTIFICIAL FLAVORS

SUGGESTED USE: Consume 4 Tablespoons before each meal and before and after training, or use as directed by a physician or licensed nutritionist.

SHAKE CONTAINER WELL BEFORE EVERY USE. REFRIGERATE AFTER OPENING.

Supplement Facts

Serving Size: 4 Tablespoons (59mL)
Servings Per Container: 16

	Amount Per Serving	%Daily Value
Calories	100	
Total Carbohydrate	0g	0%
Total Sugars	0g	0%
Includes 0g Added Sugars		0%
Protein	23g	46%

Other Ingredients: Purified Water, Proprietary Protein Blend (Beef Collagen Peptides, Whey Protein Concentrate), Phosphoric Acid, Natural & Artificial Flavors, Citric Acid, Malic Acid, Potassium Sorbate, Sucralose, Acesulfame Potassium, Sodium Benzoate

MANUFACTURED FOR & DISTRIBUTED BY: PROSUPPS USA, LLC
5501 HEADQUARTERS DRIVE, SUITE 150W, PLANO, TX 75024
CUSTOMER SERVICE CONTACT INFO: PHONE: 1-888-575-7301
EMAIL: CUSTOMERSERVICE@PROSUPPS.COM

Manufactured in a facility that also processes ingredients containing milk, eggs, fish, shellfish, tree nuts, peanut, wheat, sesame, and soy.

100% Juice. Gluten Free. Sold by weight, not volume. Store in cool, dry place. Avoid excess heat and moisture.

WARNING: Not for use by individuals under the age of 18 years. Do not use if pregnant or nursing. Do not consume this product if you have or have had a medical condition and/or are taking any prescription medication. Do not exceed recommended servings. Do not use this product if you are at risk or are being treated for high blood pressure, kidney thyroid disease or psychiatric condition, anxiety, depression, seizure, enlarged prostate or stroke. Always consult a physician before beginning any supplement or training program. KEEP OUT OF REACH OF CHILDREN.

WARNING FOR CALIFORNIA RESIDENTS: Consuming this product can expose you to lead which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to: www.P65Warnings.ca.gov


 Gluten
Free

 Keto
Friendly

 Paleo
Friendly

 Manufactured
in a GMP Facility

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.


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INGREDIENTS

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