

Defend Your Prostate*

Supporting Men's Prostate Health... Naturally*

We understand that men are seeking natural solutions for optimizing their overall lifestyle.* That's why we developed this unique men's health formula that supplies targeted nutritional support for prostate comfort and urinary flow, including Saw Palmetto – one of the most well-known prostate botanicals, and the powerhouse plant sterol... Beta Sitosterol*

*Formulated by a Naturopathic Doctor

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions, including heart disease, high blood pressure and hormone sensitive conditions. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DOCTOR
DEVELOPED***

FAST ACTING

LIQUID SOFT-GELS

PROSTATE DEFENSE*

with Beta Sitosterol

Healthy Prostate and Urinary Flow*

DIETARY SUPPLEMENT • 50 LIQUID SOFT-GELS

appliednutrition

DIRECTIONS: (Adult) Take two (2) Liquid Soft-Gels daily.

Supplement Facts

Serving Size: 2 Liquid Soft-Gels

Servings per Container: 25

	Amount per Serving	%Daily Value
Calories	10	
Total Fat	1 g	1%**
Total Carbohydrates	1 g	<1%**
Zinc (as Zinc Citrate)	20 mg	182%
Selenium (as L-Selenomethionine)	200 mcg	364%
Copper (as Copper Citrate)	1 mg	111%
Pumpkin Oil (seed)	320 mg	†
Saw Palmetto extract (85% fatty acids, 170 mg)(fruit)	200 mg	†
Beta Sitosterol	60 mg	†
Urinary Tract Complex	50 mg	†
Juniper Berry powder (fruit), Uva-Ursi powder (leaf), Buchu (<i>Barosma crenulata</i>) powder (leaf), Cranberry (<i>Vaccinium macrocarpon</i>) powder (fruit)		

**%Daily Value based on a 2,000 calorie diet

†Daily Value not established

Other Ingredients: Gelatin, purified water, glycerin, beeswax, caramel (color), sunflower lecithin, St. John's bread (carob)(color) and silicon dioxide.

DISTRIBUTED, FORMULATED and QUALITY TESTED by:
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