

Natural Beauty: More Than Just Skin Deep!

Even the finest shampoo and conditioner won't fix hair that's starving for nutrients; and expensive nail polish will only hide dull, brittle nails. That's because long, radiant hair and strong, healthy nails start from within. Longer Stronger Hair & Nails[™] is a nutrient-rich complex that can help you achieve a naturally vibrant & healthy-looking appearance.*

Revitalizing Nutrient-Rich Formula*

A unique blend of vitamins, minerals and botanicals to nourish the body and support the production of healthy hair, skin & nails.

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

WARNING: (State of California Prop 65) This product contains an ingredient known to the State of California to cause birth defects or other reproductive harm.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

3X BIOTIN!



LONGER STRONGER HAIR & NAILS[®]

Biotin • Silica • Collagen

DIETARY SUPPLEMENT • 60 LIQUID SOFT-GELS

DIRECTIONS: (Adult) Take two (2) Liquid Soft-Gels daily.

Supplement Facts

Serving Size: 2 Liquid Soft-Gels

Servings per Container: 30

	Amount per Serving	% Daily Value
Calories	15	
Total Fat	1 g	1%**
Total Carbohydrates	1 g	<1%**
Protein	1 g	
Vitamin A (as Vitamin A Palmitate)	2252 mcg	250%
Vitamin C (as Ascorbic Acid)	100 mg	111%
Biotin	2500 mcg	8333%
Calcium (as Calcium Carbonate)	20 mg	2%
Zinc (as Zinc Citrate)	15 mg	136%
Copper (as Copper Amino Acid Chelate)	2 mg	222%
Horsetail (<i>Equisetum arvense</i>) extract (7% silica, 14 mg)(herb)	200 mg	†
Gotu Kola extract (10% triterpenic glycosides, 12 mg)(herb)	120 mg	†
Hydrolyzed Collagen (bovine)	60 mg	†
PABA (para-Aminobenzoic Acid)	30 mg	†
Antioxidant Bioflavonoid Complex	80 mg	†
Citrus (<i>Citrus</i> spp.) Bioflavonoids powder (fruit), Acai (<i>Euterpe oleracea</i>) extract (4:1)(fruit), Cranberry (<i>Vaccinium macrocarpon</i>) powder (fruit), Pomegranate extract (4:1)(fruit)		

**% Daily Value based on a 2,000 calorie diet

†Daily Value not established

Other Ingredients: Soybean oil, gelatin, purified water, glycerin, beeswax, soy lecithin, titanium dioxide (color), silicon dioxide, caramel (color), red cabbage powder (color) and maltodextrin.

Contains: Soy

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