

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication, including diuretics, heart medications and corticosteroids, or have any medical conditions. Do not use if you have an intestinal obstruction, hemorrhoids or other intestinal disorder. Do not use if you are taking any other product concurrently that has laxative effects. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place. NOTE: This product is not intended to be used without breaks. Cascara Sagrada belongs to a family of plants containing compounds with laxative effects. Can lead to dehydration and electrolyte loss. With long-term use without breaks, this ingredient may interfere with diagnostic imaging procedures of the colon. Taking a break of 30 or more days between use cycles will help maintain natural regularity. Not intended for long-term use.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

NOTICE: This product contains Cascara Sagrada. Read and follow the directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

DISTRIBUTED, FORMULATED and QUALITY TESTED by:
Applied Nutrition® P.O. Box 66457 • Los Angeles, CA 90066

www.AppliedNutrition.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

plus
MILK THISTLE

appliednutrition

14-DAY

ACAI BERRY

CLEANSE®

WEIGHT-LOSS SUPPORT FLUSH*

* Flush up to 2-to-3 pounds of backed-up matter clogging your digestive system!*

Experience Less Bloating*

56 TABLETS • DIETARY SUPPLEMENT

DIRECTIONS: (Adult) Take two (2) Tablets in the morning, prior to breakfast and two (2) Tablets in the evening, prior to bedtime. Drink a full glass (8oz) of water with each two (2) Tablets. Do not exceed four (4) Tablets per day. If stools are loose, reduce Tablet intake from four (4) to three (3) Tablets per day.

Supplement Facts

Serving Size: 2 Tablets
Servings per Container: 28

	Amount per Serving	%Daily Value
Calories	5	
Total Carbohydrates	2 g	<1%**
Calcium (as Calcium Carbonate)	88 mg	7%
Sodium	10 mg	<1%
Acai Cleanse Blend	887 mg	†
Acai (Assai Palm)(<i>Euterpe oleracea</i>) extract (4:1)(fruit), Blueberry (<i>Vaccinium angustifolium</i>) powder (fruit), Cranberry (<i>Vaccinium macrocarpon</i>) powder (fruit), Milk Thistle extract (seed), Litchi (Lychee) extract (fruit), Mangosteen powder (fruit), Pomegranate powder (seed)		
Cleansing Flush Blend	605 mg	†
Cascara Sagrada powder (bark), Slippery Elm powder (bark), Ginger powder (root)		

**% Daily Value based on a 2,000 calorie diet
†Daily Value not established

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, silicon dioxide, magnesium stearate, maltodextrin, hydroxypropyl methylcellulose and polyethylene glycol.

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