

Swolly™ is the first-of-its kind protein amplifier for your post-workout shake. When Swolly™ is taken along with protein, scientific research indicates that it may:

- Improve nitrogen retention*
- Increase Amino Acid Absorption*
- Increase BCAA, glutamine, and arginine blood levels*
- DOUBLE the power of your protein (protein synthesis)*
- Enhance protein absorption and reduce protein excretion*

Boost the power of your protein with Swolly™!

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

FDA
INSPECTED
FACILITY

MADE IN A
GMP
FACILITY

100%
SATISFACTION
GUARANTEE

MTS
NUTRITION

SWOLLY™

POST-WORKOUT AMPLIFIER*

Supplement Facts

Serving Size: 1 Scoop (5.5g)
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	20	
Total Carbohydrate	2 g	<1%
Chromium (from Chromium Picolinate and Chromium Histidinate)	1,000 mcg	2,857%
L-Leucine	3 g	1
Velositol® Amylopectin Chromium Complex (Amylopectin, Chromium Picolinate, Chromium Histidinate)	2 g	1
Aminogen® 5x (Maltodextrin, Protease)	240 mg	1

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Silica, Natural Flavor, Sucralose, Sunflower Lecithin

Directions for use: As a dietary supplement, mix one scoop into your post workout shake.

VELOSITOL®
AMYLPECTIN CHROMIUM COMPLEX
MADE IN THE U.S.A.

Velositol® and its associated logo is a registered trademark of Nutrition 21, LLC. Velositol® is patent protected.

AMINOGEN®
ADVANCED
Greenh Protein's Potential

Warnings: Read entire label prior to use. Not for use by individuals under the age of 18. Do not use if you are pregnant or nursing. Consult your physician prior to use if you are using any medications and/or have any medical conditions. Discontinue use and call a physician or licensed qualified health care professional immediately if adverse reactions occur. Do not exceed recommended serving. Keep out of reach of children.

30
SERVINGS

240MG
AMINOGEN®

2G
VELOSITOL®

3G
L-LEUCINE

DIETARY
SUPPLEMENT
NET WEIGHT: 5.8 oz (165g)

MTS
NUTRITION

FORMULATED, TESTED &
MANUFACTURED IN THE U.S.A.
with domestic and imported material
Manufactured for: MTS NUTRITION, 100
COMMERCE DRIVE, CLEVELAND, OHIO
44140 www.mtnutrition.com | 813.972.4981

