WHAT'S IN A SCOOP?

26g PROTEIN

4g CARBS

3g FAT

BEST TIME TO USE

PRE
To ensure that your body has the fuel to perform grueling workouts and the amino acids to feed your muscles.

POST
To recover from your workouts, consume Machine Whey immediately after training.

ANYTIME
As a protein source, can be used anytime you would eat protein!

FDA INSPECTED FACILITY

MADE IN A GMP FACILITY

100% SATISFACTION GUARANTEE

MTS NUTRITION

MACHINE WHEY®

ACCELERATED AMINO UPTAKE

CHOCOLATE

NATURAL & ARTIFICIAL FLAVOR

Supplement Facts

Serving Size: 1 Scoop (37g)
Servings Per Container: About 25

	Amount Per Servings	% Daily Values*
Calories	140	
Calories from Fat	25	
Total Fat	3 g	5%
Saturated Fat	1.5 g	8%
Cholesterol	75 mg	25%
Total Carbohydrates	4 g	1%
Dietary Fiber	1 g	4%
Sugars	2 g	**
Protein	26 g	52%
Calcium	141 mg	14%
Iron	1 mg	6%
Sodium	120 mg	5%

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established

Ingredients: Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Cocoa processed with alkali, Xanthan Gum, Natural and Artificial Flavors, Soy and/or Sunflower Lecithin, Salt, Sucralose, Acesulfame Potassium.

Contains Milk and Soy

Recommended Use: Depending on your individual protein needs, mix 1-3 scoops of Machine Whey into 6-18 ounces of cold water or milk (6oz per scoop) in a shaker or blender.

Sludge: Marc "The Machine" Lobliner invented Sludge for all to enjoy. A simple mixture of Machine Whey, Water and Blueberries! Simply search the keyword "Machine Whey Sludge" on YouTube and find out how you can make your own Sludge!

Keep Out of Reach of Children.

Produced in a facility that may produce Egg, Fish, Milk, Peanut, Shellfish, Soy, Tree Nuts, Wheat.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

NOTICE: Powder density may be affected by settling. This may cause variations in scoop serving size and product levels. Packed by weight, not volume. Settling of product occurs after filling. Do not use if tamper-evident security feature is broken or missing. Exposure to heat, light or air can affect flavor or aroma; therefore keep out of direct light or heat. Store in a cool, dark place. Do not use as a sole source of nutrition. Keep sealed when not in use.

26G PROTEIN | **5.3G** BCAA | **25** SERVINGS

DIETARY SUPPLEMENT
NET WEIGHT
2lbs (907g)

MTS NUTRITION

FORMULATED, TESTED & MANUFACTURED IN THE U.S.A. WITH DOMESTIC & INTERNATIONAL INGREDIENTS FOR:
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LOVELAND, OHIO 45140
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