

MTS Nutrition Creapure® Creatine uses only the finest German creatine. German-made creatine monohydrate is the highest quality creatine on the market, and has been manufactured since the mid-1990s. It is known and respected around the world for its unparalleled purity.*

Manufactured by AlzChem Trostberg GmbH, Creapure® is the only creatine produced in Germany. The raw materials that go into Creapure® are carefully selected. Creatine is synthesized into Creapure® using a patented production system and superior technology.*

MTS Nutrition Creapure® is exclusively manufactured by chemical synthesis to ensure optimal quality and purity.*



Creapure® Brand Creatine is an exclusive product of AlzChem Trostberg GmbH, Germany.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Warning: Read entire label prior to use. Not for use by individuals under the age of 18. Do not use if you are pregnant or nursing. Consult your physician prior to use if you are using any medications and/or have any medical conditions. Discontinue use and call a physician or licensed qualified health care professional immediately if adverse reactions occur. Do not exceed recommended serving. Keep out of reach of children.

WARNING: Consuming this product can expose you to chemicals which are known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov

MTS
NUTRITION

Creapure® CREATINE

100% GERMAN CREATINE*

5g
CREATINE

DIETARY SUPPLEMENT

ZERO
FILLERS

80
SERVINGS

NET WEIGHT 141 g (400g)

Supplement Facts

Serving Size: 1 Scoop (5g)

Servings Per Container: 80

	Amount Per Serving	%DV**
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Pure Creatine Monohydrate (as Creapure®)	5 g	†
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** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Directions For Use: Mix 1 scoop in 8 ounces of water or juice. For best results, drink immediately after your workout.

Loading Phase: Days 1 through 5: Consume one scoop, four times daily. Space servings evenly throughout the day.

Maintenance Phase: Days 6 and beyond: Consume one scoop, one or two times daily.

MTS
NUTRITION

FORMULATED, TESTED &
MANUFACTURED IN THE USA FOR:
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