

Suggested use: As a dietary supplement take up to three (3) capsules one hour before sleep, or as directed by your healthcare professional. Do not consume caffeine at least 6 hours before taking this dietary supplement.

Caution: Do not exceed recommended dose. Not recommended for pregnant or nursing mothers, children under the age of 18. Do not exceed more than 4 servings (12 capsules) per day. Individuals with somnambulism, sleep terrors, or any other medical condition should consult a physician before using this dietary supplement.

**KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS
DAMAGED OR MISSING. STORE IN A
COOL, DRY PLACE.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Gluten Free



GMP Certified



GMO Free



Recycle



Pesticides Free



Bottled in USA
with global ingredients



Soy Free

Lot# and expiration date printed
on bottom of bottle.



3-in-1



Magtein™ Apigenin Theanine

COMPLEX

DIETARY SUPPLEMENT
120 CAPSULES

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 40

	Amount Per Serving	% DV
Magnesium (elemental) (from 1,035mg Magtein* Magnesium L-Threonate)	74mg	17.5%
Apigenin	150mg	**
Magtein* (Magnesium L-Threonate)	1,035mg	**
L-Theanine	300mg	**
Black Pepper Powder (<i>Piper nigrum</i> ; Fruit)	15mg	**

**Daily Value (DV) not established

Other Ingredients:

Methylcellulose Capsule (Vegetarian).

Manufactured for: Eleva Nutrition
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