

Suggested use: As a dietary supplement take up to three (3) capsules one hour before sleep, or as directed by your healthcare professional. Do not consume caffeine at least 6 hours before taking this dietary supplement.

Caution: Do not exceed recommended dose. Not recommended for pregnant or nursing mothers, children under the age of 18. Do not exceed more than 4 servings (12 capsules) per day. Individuals with somnambulism, sleep terrors, or any other medical condition should consult a physician before using this dietary supplement.

**KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS
DAMAGED OR MISSING. STORE IN A
COOL, DRY PLACE.**

*** These statements have not been evaluated
by the Food and Drug Administration.
This product is not intended to diagnose,
treat, cure or prevent any disease.**



Gluten Free



GMP Certified



GMO Free



Recycle



Pesticides Free



Bottled in USA
with global ingredients



Soy Free

Lot# and expiration date printed
on side of label.



3-in-1 Apigenin Magnesium Theanine

COMPLEX

DIETARY SUPPLEMENT
120 CAPSULES

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 40

	Amount Per Serving	% Daily Value
Magnesium (elemental) (from 1,035mg Buffered Magnesium Bisglycinate)	207mg	49%
Apigenin	150mg	**
Buffered Magnesium Bisglycinate	1,035mg	**
L-Theanine	300mg	**
Black Pepper Powder (<i>Piper nigrum</i> ; Fruit)	15mg	**

**Daily Value not established

Other Ingredients:

Methylcellulose Capsule (Vegetarian), Cellulose.

Manufactured for: Eleva Nutrition

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