Suggested use: As a dietary supplement take up to three (3) capsules one hour before sleep, or as directed by your healthcare professional. Do not consume caffeine at least 6 hours before taking this dietary supplement.

Caution: Do not exceed recommended dose. Not recommended for pregnant or nursing mothers, children under the age of 18. Do not exceed more than 4 servings (12 capsules) per day. Individuals with somnambulism, sleep terrors, or any other medical condition should consult a physician before using this dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING, STORE IN A COOL, DRY PLACE.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Gluten Free



(S) GMP Certified





Pesticides Free



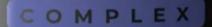
Soy Free

Bottled in USA with global ingredients





Apigenin Magnesium Theanine



20 CAPSULE

## Supplement Facts

Serving Size: 3 Capsules Servings Per Container: 40

Amount Per Serving	% Daily	Value
Magnesium (elemental) (from 1,035mg Buffered Magnesium Bisglycinate)	207mg	49%

Apigenin	150mg	**
Buffered Magnesium Bisglycinate	1,035mg	
L-Theanine	300mg	**
Black Pepper Powder (Piper nigrum; Fruit)	15mg	

<sup>&</sup>quot;Daily Value not established

## Other Ingredients:

Methylcellulose Capsule (Vegetarian), Cellulose.

Manufactured for: Eleva Nutrition 20200 W Dixie Hwy Ste 902 Aventura, FL 33180 www.elevanutrition.com



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