

DIRECTIONS: Adults take 2
vegan capsules 30-60 minutes
before bed. Use nightly for best
results.



GLUTEN
FREE



CLINICALLY
STUDIED
INGREDIENTS



100%
VEGAN



DRUG
FREE

Formulated by a Clinical Neurologist to
Help Regulate the Natural Sleep Cycle,
Relax the Body, and Calm the Mind for
Rejuvenating Sleep¹.

PRECAUTIONS: Consult your healthcare professional
before use if you are pregnant, nursing, or taking
any medication. Do not use in conjunction with
alcoholic beverages, when driving a vehicle, or
while operating machinery.

Keep Out of the Reach of Children • Protect from
Heat, Light and Moisture • Do Not Use if Safety Seal
is Broken or Missing • Store at 15-30°C (59-86°F)

¹These statements have not been evaluated by the Food
and Drug Administration. This product is not intended to
diagnose, treat, cure or prevent any disease.

AMERICA'S #1 TRUSTED SLEEP AID™



M.D. FORMULATED

RELAXIUM®

SLEEP

DRUG FREE SLEEP SUPPORT¹
Clinically Studied Ingredients

DESIGNED BY A NEUROLOGIST TO HELP YOU

- ✓ Fall Asleep Faster¹
- ✓ Stay Asleep Longer¹
- ✓ Wake Refreshed & Alert¹

DRUG FREE & NON-HABIT FORMING
30 VEGAN CAPSULES | DIETARY SUPPLEMENT

DRUG FREE & NON-HABIT FORMING

Supplement Facts

Serving Size: 2 Capsules
Servings per Container: 15

	Amount Per Serving	%DV
Magnesium (as magnesium oxide, Magnesium citrate and magnesium bisglycinate complex)	100 mg	24%
L-Tryptophan	500 mg	**
Valerest® Proprietary Blend of Valerian (<i>Valeriana officinalis</i>) (root) extract 5:1, Hops (<i>Humulus lupulus</i>) (aerial part) extract 10:1	228.9 mg	**
Ashwagandha (<i>Withania somnifera</i>) (root and leaf) extract (standardized to 8% withanolide glycoside conjugates)	125 mg	**
GABA (Gamma-aminobutyric Acid)	100 mg	**
Chamomile (<i>Matricaria recutita</i>) [flower] powder	75 mg	**
Passionflower (<i>Passiflora incarnata</i>) [flower] extract 10:1	75 mg	**
Melatonin	5 mg	**

** Daily Value (DV) not established.

OTHER INGREDIENTS: hypromellose (veggie capsule),
magnesium stearate, dicalcium phosphate, and silica.
Valerest® is a registered trademark of the American
Behavioral Research Institute, USA.

FORMULATED WITHOUT: GMO, gluten, nuts, yeast,
sugar, dairy, eggs, tree nuts, fish, shellfish, soy, corn,
wheat, barley, or artificial ingredients.



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