

**SUGGESTED USE:** Adults take 1 tablet 1-2 times a day, preferably on an empty stomach with fruit juice or as directed by your qualified healthcare professional.

**Jarrow Formulas® NAC Sustain®** features N-Acetyl-L-Cysteine (NAC), an antioxidant amino acid and a precursor to glutathione.\* Glutathione is important for detoxification.\* The advanced bi-layer Sustain™ tablets combine 1/3 Quick Release with 2/3 Sustained Release formats to release NAC over time.

**WARNING:** Prolonged or elevated intake may alter liver function tests without affecting actual liver function. Inform your physician that you are ingesting NAC if you undergo liver function tests. Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

**KEEP OUT OF THE REACH OF CHILDREN.**  
**STORE IN A COOL, DRY PLACE.**

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Lot #. Best Used Before:

VEGAN

**Jarrow**  
**FORMULAS®**

BI-LAYER  
TABLETS

# N-A-C SUSTAIN®

**GLUTATHIONE PRECURSOR\***

**600 MG**

Glutathione is important for detoxification\*

 **quick + sustained release**

 **non-gmo**  **gluten free**

**60** TABLETS

DIETARY SUPPLEMENT



## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving                  |          |
|-------------------------------------|----------|
| N-Acetyl-L-Cysteine                 | 600 mg † |
| † Daily Value (DV) not established. |          |

Other Ingredients: Carbomer, microcrystalline cellulose, calcium phosphate, beet root powder (color), stearic acid (vegetable source), magnesium stearate (vegetable source), silicon dioxide and coating (hydroxypropylmethylcellulose, microcrystalline cellulose, stearic acid [vegetable source]).

Distributed by Jarrow Formulas, Inc.  
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[www.Jarrow.com](http://www.Jarrow.com)

No major allergens.

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APPROX.  
FILL LINE

Do not use if safety seal is damaged or missing.