

RECOVERY

POST-WORKOUT PROTEIN & CARBS









Dietary Supplement Net Wt. 1.32 lb (600 g)



FOR THE ENDLESS IMPROVEMENT OF PERSONAL PERFORMANCE

Servings Per Container: 15				
-	mount Per Serving	% Daily Value		
Calories	140			
otal Fat	0.5 g	<1%*		
Cholesterol	<5 mg	<1%		
lotal Carbohydrate	10 g	4%*		
Dietary Fiber	<10	2%*		
Total Sugars	59	1		
Includes 5g Added Sugars	A Laboration	10%*		
Protein	20 o	40%*		
Calcium	110 mg	8%		
Magnesium	110 mg	26%		
Sodium	120 mg	5%		
Potassium	200 mg	4%		
Truly Grass Fed." Whey protein isolate				
L-Giutamine	23 g			
Dribose	59	1		
Dimognesium malate	29	1		
L-Camitine tartrate	500 mg	1		
	500 mg	1		
ProHydrolase® (a proprietary blend of prot from Becillus subblis and Ananas com	eases 200 mg osus)	1		

OTHER INGREDIENTS: DEXTROSE, NATURAL FLAVORS, RICE MALTODEXTRIN, QUAR GUIA POTASSIUM CITRATE, SUNFLOWER LECTININ, SALT SELCA, AND STEVICI, GLYCOSDES.

mino Acid	Amount in Product (per serving)	Amino Acid	Amount in Product (per serving)
inine 493	Lysine Methionine	2346	
Sportic Acid	2,906.32	Phenylalanine	529 667
Marric Acid	575 3933	Proline Serine	1334
lytine Istidne	414	Threonine	1564
oleucine	391 1541	Tryptophan Trypsine	483 667
eucine	2415	Valine	1219

Momentous Recovery is a post-workout formula designed to kickstart the recovery process. The perfect compliment to your post-workout routine - ideal for use after activities like weight lifting, running, cycling, and other intense training.

Each serving contains 20g of grass fed whey isolate protein, plus 10g of carbohydrates to replenish energy and increase absorption of key nutrients. To further optimize the recovery process, we added glutamine, carnitine, and highly absorbable magnesium creating a unique and complete recovery formula.*

For best results: mix one serving (2 scoops) with 12 oz of cold water or other fluids. Drink within one hour of finishing you workout.

www.livemomentous.com





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20 G PROTEIN 10 g CARBS 15 SERVINGS







