



AlliHist Relief™

Dietary Supplement
90 Capsules

Innovative Ingredients.
Clinical Formulations.

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed healthcare practitioner informed when using this product. Not for prolonged use or in high doses except under supervision of a qualified healthcare practitioner; contraindicated for diabetics and in hypertension, liver disorders, severe kidney insufficiency, and hypokalemia; may potentiate potassium depletion of thiazide diuretics and stimulant laxatives, as well as the action of cardiac glycosides and cortisol. Do not use if you are pregnant.

Directions: Use only as directed. Take 1-2 capsules up to three times daily or as directed by your healthcare practitioner. Keep tightly capped and store in a cool, dry place.

AlliHist Relief™ is designed to help support healthy nasal, sinus, and lung function.

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin C (from ascorbyl palmitate)	15 mg	17%
Organic Nettle (<i>Urtica dioica</i>) (leaf)	200 mg	*
Bioflavonoids (50% hesperidin)	200 mg	*
Quercetin (from quercetin dihydrate)	150 mg	*
Bromelain	150 mg	*
Pancreatin 4X (amylase, lipase, protease)	100 mg	*
Cellulase	100 mg	*
Organic Feverfew (<i>Tanacetum parthenium</i>) (leaf)	100 mg	*
Rice Bran	100 mg	*
Turmeric (<i>Curcuma longa</i>) (root extract) (95% curcumins)	80 mg	*
Ginger (<i>Zingiber officinale</i>) (root extract) (6% gingerols)	50 mg	*
Licorice (<i>Glycyrrhiza glabra</i>) (root extract) (8% glycyrrhizinic acid)	50 mg	*
BioPerine® ((black pepper) (<i>Piper nigrum</i>) (peppercorn extract) (95% piperine))	5 mg	*

*Daily Value not established.

Other Ingredients: Gelatin capsule, maltodextrin, cellulose, silica.

BioPerine® is a registered trademark of Sabinsa Corporation.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

California Residents Only

⚠ **WARNING:** Reproductive Harm - www.P65Warnings.ca.gov

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www.nutrafamily.com

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