

✓ **FINALLY, A GOOD NIGHT'S SLEEP**

A lack of sleep is not conducive to one's optimal physical development. TruHeight® Sleep contains Ashwagandha, an all-natural ingredient that may help improve the quality of sleep.*

✓ **THE PATHWAY TO HGH**

Children's bodies create HGH (Human Growth Hormone) while they sleep, making it essential for anybody looking to reach their truest height.

✓ **FOUR PEACEFUL INGREDIENTS**

TruHeight® Sleep contains a responsibly sourced collection of four active ingredients, L-Theanine, Melatonin, Lemon Balm, Ashwagandha, that culminate in the best sleep, leading to healthy height growth.*

✓ **SUGGESTED USE**

Ages 5 and up, take 2 gummies 30 minutes before bedtime. Chew thoroughly before swallowing.

Storage instructions: Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TruHeightVitamins.com



TruHeight®

SLEEP

SUPPORTS SLEEP & GROWTH*



↑ HELPS
KIDS
GROW!*

For ages
5+

60
GUMMIES



Multivitamin
Mixed Berry Flavor

DIETARY SUPPLEMENT



SUPPLEMENT FACTS

Serving Size: 2 Gummies

Servings Per Container: 30

Amount Per Serving		%Daily Value
Calories	20	
Total Carbohydrate	4g	1%
Total Sugars	3g	
Included Added Sugars	3g	6%
Sodium	10mg	<1%
Ashwagandha Root Extract	75mg	†
<i>Withania somnifera</i>		
L-Theanine	50mg	†
Lemon Balm Extract (Aerial Part)	50mg	†
<i>Melissa officinalis</i> L.		
Melatonin	1mg	†

†Daily Value not established.

Daily Values are based on a 2,000 calorie per day diet

Other Ingredients: Glucose Syrup, Sugar, Pectin, Citric Acid, Glycerin, Sodium Citrate, Natural Blueberry Flavor, Natural Raspberry, Natural Cherry Flavor, Vegetable Oil (Contains Carnauba Wax), Purple Carrot Juice Concentrate. May Contain Dairy.



Phone number (619) 292-8360
Manufactured for VANILLA CHIP, LLC
Address: 740 Santree Circle Las Vegas, NV 89110
TruHeightVitamins.com