## ✓ FINALLY, A GOOD NIGHT'S SLEEP

A lack of sleep is not conducive to one's optimal physical development. TruHeight® Sleep contains Ashwagandha, an all-natural ingredient that may help improve the quality of sleep.\*

### ✓ THE PATHWAY TO HGH.

Children's bodies create HGH (Human Growth Hormone) while they sleep, making it essential for anybody looking to reach their truest height.

## ✓ FOUR PEACEFUL INGREDIENTS

TruHeight® Sleep contains a responsibly sourced collection of four active ingredients, L-Theanine, Melatonin, Lemon Balm, Ashwagandha, that culminate in the best sleep. leading to healthy height growth.\*

### ✓ SUGGESTED USE

Ages 5 and up, take 2 gummies 30 minutes before bedtime. Chew thoroughly before swallowing. Storage instructions: Store in a cool, dry place.

diagnose, treat, cure or prevent any disease.

TruHeightVitamins.com

# TruHeight<sup>®</sup>

SUPPORTS SLEEP & GROWTH\*



Multivitamin

# **DIETARY SUPPLEMENT**







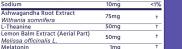




Other Ingredients: Glucose Syrup, Sugar, Pectin, Citric Acid, Glycerin, Sodium Citrate, Natural Blueberry Flavor, Natural Raspberry, Natural Cherry Flavor, Vegetable Oil (Contains Carnauba Wax), Purple Carrot







Servings Per Container: 30

%Daily Value

6%



Juice Concentrate. May Contain Dairy.

Serving Size: 2 Gummies

Amount Per Serving

Total Carbohydrate

Melissa officinalis L

Total Sugars Included Added Sugars

Calories

Sodium

I -Theanine

Melatonin



SUPPLEMENT FACTS

