

✓ ASHWAGANDHA

Is a medicinal herb that helps manage the stress hormone cortisol and supports a healthy stress response.* A leading cause of stunted growth is due to stress which is why improving resistance to stress is so important for growth.*

✓ CALCIUM & VITAMIN D

Work together to support bone density.* Calcium may help build and maintain bones, while vitamin D helps your body effectively absorb calcium.*

✓ FOR BEST RESULTS

Use as suggested for AT LEAST 6 months to see tangible growth.*

✓ SUGGESTED USE

Take two (2) gummies daily with a meal for optimal results.* Chew thoroughly before swallowing.

✓ CAUTION

Do not exceed recommended dose. If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TruHeightVitamins.com

TruHeight®

GROWTH*

SUPPORTS BONE GROWTH & DEVELOPMENT*



For ages
5+

60
GUMMIES



Multivitamin
Grape Flavor

DIETARY SUPPLEMENT



SUPPLEMENT FACTS

Serving Size: 2 Gummies

Servings per Container: 30

AMOUNT PER SERVING		%DAILY VALUE
Calories	20 kcal	
Total Carbohydrates	4 g	1%
Total Sugars	3 g	
Included Added Sugars	3 g	6%
Vitamin D (as Cholecalciferol)	20 mcg	100%
Calcium (as Tricalcium Phosphate)	300 mg	23%
Sodium	15 mg	<1%

PROPRIETARY GROWTH BLEND* 113.02 mg †
Ashwagandha Root Extract, Spirulina Powder (*Spirulina platensis*),
L-Arginine 98.5%, L-Glutamine 98.5%, Astragalus
Root Extract 10:1 (*Astragalus membranaceus*), Vitamin K

†Daily Value not established.

OTHER INGREDIENTS: Glucose Syrup, Sugar, Pectin, Citric Acid, Coconut Oil, Sodium Citrate, Natural Grape Flavor, Vegetable Oil (Palm Oil, Carnauba Wax), Fruit and Vegetable Juice Concentrate, Ascorbic Acid and *Stevia rebaudiana* (Steviosides). May Contain Soy and Dairy.



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