



WOMEN'S 50+ Multivitamin

AM / PM

MORNING

Agile & Sharp

EVENING

Relax & Recharge

DIETARY SUPPLEMENT

60 AM Tablets

60 PM Tablets



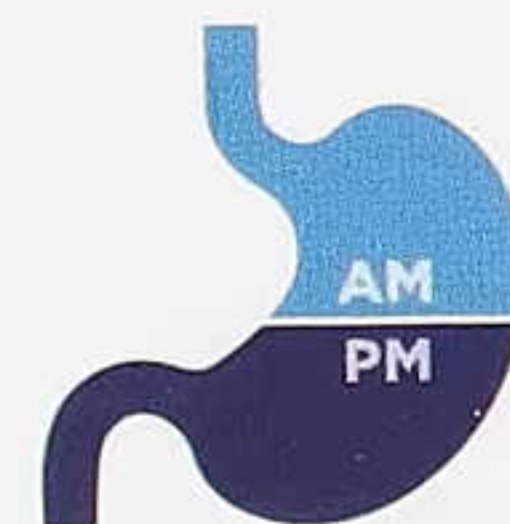
MAXIMIZE YOUR WOMEN'S 50+ MULTIVITAMIN

Timing is Key
Certain vitamins are better utilized in the morning, while others are better in the evening

Vitamin B-12, Magnesium Malate & Organic Spirulina

AM

PM
Vitamins A, D, E, Magnesium Glycinate & Tart Cherry



Dosage Matters
Divided doses of Zinc & Magnesium to ease digestive discomfort



Double the Power
Double doses of Magnesium & 72 Trace Minerals to fuel in the AM & replenish in the PM



WOMEN'S 50+ Multivitamin AM/PM

FORMULATED TO SUPPORT HEALTHY AGING FROM WITHIN

For sharp mornings & recharged evenings

Bone Strength[†]

Blood Pressure[†]

Blood Glucose Support[†]

Immune Support[†]

*Consuming diets with adequate magnesium may reduce the risk of high blood pressure (hypertension). However, the FDA has concluded that the evidence is inconsistent and inconclusive.

THE KAL DIFFERENCE

BETTER QUALITY Lab-tested for purity & potency

BETTER EXPERTISE Serving families for generations

BETTER FOR YOU Vegan, made without GMOs & Gluten



VISIT US KALvitamins.com
CONNECT @KALvitamins

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Not for use by persons under the age of 18. Keep your licensed health care practitioner informed when using this product. May decrease effectiveness of sulfonamide drugs (sulfa drugs).

Directions: Take two AM tablets daily with a meal or glass of water in the morning. Take two PM tablets daily in the evening with a meal or glass of water. Use only as directed. Store in a cool, dry place.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30



	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	150 mg	167%
Vitamin D-3 (as Cholecalciferol from Algae)	20 mcg	100%
Thiamine (as Thiamine Mononitrate) (B-1)	10 mg	833%
Riboflavin (B-2)	10 mg	769%
Niacin (as Niacinamide) (B-3)	20 mg	125%
Vitamin B-6 (as Pyridoxine HCl)	15 mg	882%
Folate (from 5-Methyltetrahydrofolate Glucosamine Salt)	400 mcg DFE (240 mcg Folic Acid)	100%
Vitamin B-12 (as Methylcobalamin)	500 mcg	20833%
Biotin	1000 mcg	3333%
Pantothenic Acid (from Calcium Pantothenate)	10 mg	200%
Choline (from Choline Bitartrate)	25 mg	4%
Magnesium (from Magnesium Malate)	105 mg	25%
Zinc (from Zinc Citrate)	5.5 mg	50%
Selenium (as Yeast-Free L-Selenomethionine)	27.5 mcg	50%
Manganese (from Manganese Citrate)	1.15 mg	50%
Chromium (from Chromium Picolinate)	100 mcg	286%
Molybdenum (from Molybdenum Glycinate)	22.5 mcg	50%
Potassium (from Potassium Citrate)	50 mg	1%
Inositol	25 mg	*
PABA	25 mg	*
72 Trace Mineral Blend	10 mg	*
Ginkgo Biloba (leaf extract)	50 mg	*
Organic Spirulina (<i>Arthrospira platensis</i>) (whole)	150 mg	*
KAL ActiSorb™ Base (Black Pepper Extract, Ginger Root Extract, Rosemary Leaf Extract, Turmeric Root Extract, Cayenne Pepper)	10 mg	*

*Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid, Croscarmellose Sodium, and Silica.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30



	Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene)	450 mg	50%
Vitamin D-3 (as Cholecalciferol from Algae)	20 mcg	100%
Vitamin E (as d-Alpha Tocopherol from Sunflower)	15 mg	100%
Iodine (from Potassium Iodide)	75 mcg	50%
Magnesium (from Magnesium Glycinate)	105 mg	25%
Zinc (from Zinc Citrate)	5.5 mg	50%
Selenium (as Yeast-Free L-Selenomethionine)	27.5 mcg	50%
Manganese (from Manganese Citrate)	1.15 mg	50%
Chromium (from Chromium Picolinate)	100 mcg	286%
Molybdenum (from Molybdenum Glycinate)	22.5 mcg	50%
Potassium (from Potassium Citrate)	50 mg	1%
72 Trace Mineral Blend	10 mg	*
Tart Cherry (<i>Prunus cerasus</i>) (fruit extract)	25 mg	*
MSM	50 mg	*
KAL ActiSorb™ Base (Black Pepper Extract, Ginger Root Extract, Rosemary Leaf Extract, Turmeric Root Extract, Cayenne Pepper)	10 mg	*

*Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid, Croscarmellose Sodium, Silica, Modified Tapioca Starch, and Maltodextrin.

Mfd. by Nutraceutical Corp. KAL® Salt Lake City, UT 84101 | 800.538.5888



†These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.