



Since



1932

# Melatonin

## 3 mg

### Sustained Release

Healthy Sleep  
Cycle Support<sup>‡</sup>

60 Tablets  
DIETARY SUPPLEMENT

**WARNING:** Do not use if safety seal is broken or missing. Keep out of reach of children. Consult a licensed health care practitioner before using this product, especially if you are pregnant or nursing, a young adult or individual with autoimmune conditions, diabetes or other endocrine disorders, depressive disorders, illness or using medications. Do not take prior to or while operating machinery or a vehicle or engaged in an activity where you need to stay alert. This product is for adults and should not be used by children or teenagers.

**Directions:** Take 1 tablet daily. Use only as directed. Store in a cool, dry place.

## Supplement Facts

### Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Riboflavin (Vitamin B-2)	2.1 mg	162%
Vitamin B-6 (as Pyridoxine HCl)	4.1 mg	241%
Melatonin	3 mg	*

\*Daily Value not established.

**Other Ingredients:** Cellulose, Magnesium Stearate, Silica and Stearic Acid.

**Discussion:** When you are ready to doze off, cozy up with melatonin, Vitamin B6 and Riboflavin and have sweet dreams of rested mornings.<sup>‡</sup>

<sup>‡</sup>These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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[www.nutraceutical.com](http://www.nutraceutical.com)

**Comments or Questions:**

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