

# WHY GLYCINATE?

Our magnesium glycinate (also known as bisglycinate) is fully chelated, making it easy for the body to digest and absorb. Gentle on the stomach, KAL High Absorption Magnesium Glycinate may help support:<sup>†</sup>...

Nerve Health

Enzymatic Function

Bone Health

Muscular Health

## THE KAL DIFFERENCE

**BETTER QUALITY** Lab-tested for purity and potency

**BETTER DELIVERY** Exceptional liquid-fill softgels

**BETTER FOR YOU** Suitable for gluten free diets

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Nerve, Bone &  
Muscle Support<sup>‡</sup>



# High Absorption<sup>‡</sup> Magnesium Glycinate

90 SoftGels  
DIETARY SUPPLEMENT

\* **ActivGels**  
LIQUID-FILL SOFTGELS

**WARNING:** Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

**Directions:** Take 3 softgels with a meal or glass of water, up to 4 softgels daily for added support. Use only as directed. Store in a cool, dry place.

## Supplement Facts

Serving Size 3 Softgels  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	25	
Calories from Fat	15	
Total Fat	2 g	2% <sup>†</sup>
Protein	2 g	
Magnesium (from Magnesium Bisglycinate)	315 mg	75%

<sup>†</sup>Percent Daily Value based on a 2,000 calorie diet.

**Other Ingredients:** Rice Bran Oil (*Oryza sativa*), Sunflower Lecithin, Yellow Beeswax, Gelatin (bovine), Glycerin, Purified Water, Calcium Carbonate.

\* Softgel image for illustration only

<sup>‡</sup>These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.