

Dietary Supplement

SUGGESTED USE: For adults, take one (1) tablet daily, preferably with meal.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mother, children under 18, and individuals with known medical conditions should consult with a physician before taking.

KEEP OUT THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made in the USA

Manufactured For and Distributed By:

Healthy Body, LLLP

www.healthybodyinc.com

#3-17th Avenue South

Nampa, ID 83651



 **HealthyBodyInc**TM

Multivitamin/ Mineral

90 Tablet

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 90

	Amount Per Serving	% DV
Vitamin A (as Vitamin A Acetate and 29% as Beta-Carotene)	3,500 IU	70%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D (as D3 Cholecalciferol)	400 IU	100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	25 mcg	31%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg	100%
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Biotin (as d-Biotin)	30 mcg	10%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	100%
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	200 mg	20%
Iron (as Ferrous Fumarate)	18 mg	100%
Phosphorus (as Dicalcium Phosphate)	20 mg	2%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	50 mg	13%
Zinc (as Zinc Oxide)	11 mg	73%
Selenium (as Sodium Selenate)	55 mcg	79%
Copper (as Cupric Sulfate)	0.5 mg	25%
Manganese (as Manganese Sulfate)	2.3 mg	115%
Chromium (as Chromium Picolinate)	35 mcg	29%
Molybdenum (as Sodium Molybdate)	45 mcg	60%
Chloride (as Potassium Chloride)	72 mg	2%
Potassium (as Potassium Chloride)	80 mg	2%
Boron (as Boric Acid)	75 mcg	*
Nickel (as Nickelous Sulfate)	5 mcg	*
Silicon (as Silicon Dioxide)	2mg	*
Tin (as Stannous Chloride)	10 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

* % Daily Values not established

Inactive Ingredients: Vegetable Cellulose. Contains <2% of: Croscopolidone, FD&C Yellow #6 Lake, Maltodextrin, Titanium Dioxide Color, Vegetable Magnesium Stearate No Artificial Flavor, No Sugar, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish