

# DID YOU KNOW?

When your body breaks down carbs during exercise, lactate can accumulate in your tissues. Magnesium may help your body lower lactate levels for enhanced muscle recovery and comfort.\*

## Why Magnesium Malate?

When stamina counts, this energizing compound of magnesium and malic acid is what your body craves to help you stay productive, invigorated and ready for anything.\*

## NEW KAL® MAGNESIUM POWDERED DRINK MIXES

WHAT'S THE BEST MAG FOR YOU?

Heart Magnesium | Energy Magnesium  
Pretty Magnesium | Calming Magnesium

## The KAL® Difference

**NO GUESSWORK** We've got the right magnesium for you

**EASY TO TAKE** Dissolves quickly and gets to work

**SUGAR FREE** and made with real, plant-based flavors



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# ENERGY Magnesium

## KEEP-GOING DRINK

### RASPBERRY LEMONADE

### MAGNESIUM MALATE

Vegan | Non-GMO

Net Wt 14.3 oz (405g) | Dietary Supplement

**Directions:** Dissolve 1 serving of powder in approx. 1/2 cup of hot water in a heat-safe glass or mug. Then fill with more warm or cold water to 1 1/2 cup (12 oz) level and stir to dissolve. Or, you can add powder directly to 1 1/2 cups water and stir a bit longer. Consume immediately. Use only as directed. Store in a cool, dry place.

**Warning:** Keep out of reach of children. Do not use if safety seal is broken or missing. Keep your licensed healthcare practitioner informed when using this product.

## Supplement Facts

Serving Size 1 Round Teaspoon (4.5 g)  
Servings Per Container 90

	Amount Per Serving	% Daily Value
Total Carbohydrate	2 g	1%†
Magnesium (from Magnesium Malate)	325 mg	77%

†Percent Daily Values are based on a 2,000 calorie diet.

**Other Ingredients:** Citric Acid, Natural Raspberry & Lemon Flavors with Other Natural Flavors and Stevia (leaf extract).

## YOUR POWER SOURCE

Designed to fuel every cell in your body for a healthy metabolism and sustained energy.\*

## ACTIVE ENERGY

Can help keep you going by helping to activate glucose for use as energy.\*

## NUTRIENT ABSORPTION

Designed to support enzymes involved in the metabolism of fats, carbs and protein.\*

## REBOOT & RECHARGE

Essential to peak muscle function, stamina and recovery.\*



Packaged by weight, not volume. Some settling of contents may occur.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.