

Strong Bone
Support[‡]

Clinical
Lifestyles[™]



Since



1932

Bone Defense[™]

90 VegCaps
DIETARY SUPPLEMENT



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Take 3 VegCaps daily, preferably with a meal. If taken at bedtime, take with fruit or juice. Use only as directed. Store in a cool, dry place.

Supplement Facts

Serving Size 3 VegCaps
Servings Per Container 30

	Amount Per Serving	% Daily Value
Protein	<1 g	1%†
Vitamin C (as Ascorbic Acid)	100 mg	111%
Vitamin D (as Cholecalciferol) (Supplying 1000 IU of D-3)	25 mcg	125%
Vitamin K (as Phytonadione (K1), Menaquinone (K2))	150 mcg	125%
Biotin	150 mcg	500%
Calcium (Advanced Calcium Blend, consisting of 400 mg Calcium Hydroxyapatite and 100 mg from Calcium Citrate and Calcium Carbonate)	500 mg	38%
Magnesium (from Magnesium Oxide)	300 mg	71%
Zinc (from Zinc Citrate)	15 mg	136%
Selenium (as Selenomethionine)	100 mcg	182%
Copper (from Copper Glycinate)	1 mg	111%
Manganese (from Manganese Glycinate)	10 mg	435%
Ipriflavone (7-isopropoxyisoflavone)	100 mg	*
Boron (as Tetra-Boron [™] [Boron Citrate, Boron Glycinate, Boron Aspartate & Boron Lysinate])	3 mg	*
ActiSorb [™] Base (BioPerine [®] [Black Pepper Extract], Ginger Root Extract, Rosemary Leaf Extract, Turmeric Root Extract and Cayenne Extract)	10 mg	*

†Percent Daily Value based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule, Silica, Magnesium Stearate and Cellulose.

Discussion: Bone Defense[™] is an Advanced Hydroxyapatite Calcium formula fortified with Ipriflavone, Vitamin D-3 and K2. These ingredients have been studied extensively for their role in bone health and, when taken as part of a Calcium enriched diet, are intended to provide nutritive support for healthy bone density.[‡]

Clinical Lifestyles[™] formulas are based on the observation and research of healthcare practitioners and scientists.

BioPerine[®] is a U.S. registered trademark of Sabinsa Corporation, USA.

[‡] These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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www.Nutraceutical.com

KAL

Salt Lake City, UT 84101 USA

Comments or Questions:

800-538-5888 www.kalvitamins.com



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